Supplementary Table 1. Hemodynamic measurements in relation to quartiles of VAS-total

	SBP supine, mmHg	SBP 24 h, mmHg	DBP supine, mmHg	DBP 24 h, mmHg	Heart rate, bmp	Heart rate 24 h, bpm
VAS-total (mm)						
Q1 [0-60]	117.1 (11.7)	119.0 (13.6)	72.0 (9.2)	69.5 (10.2)	62.4 (8.6)	71.3 (7.5)
Q2 [62-127]	118.1 (15.5)	120.5 (13.0)	73.2 (9.3)	70.3 (10.3)	63.3 (11.3)	71.4 (10.2)
Q3 [129-219]	115.1 (15.8)	120.2 (14.2)	71.3 (9.5)	69.5 (10.0)	63.7 (9.6)	70.7 (9.0)
Q4 [221-466]	112.4 (16.2)	122.7 (13.6)	71.3 (9.2)	71.6 (10.6)	63.2 (10.1)	73.3 (9.1)
P-value						
Q4 vs Q1	**0.020**	0.151	0.600	0.293	0.675	0.202
Adjusted	0.919	0.096	0.966	0.233	0.960	0.807
Q4 vs Q1-3	**0.012**	0.201	0.444	0.283	0.971	0.154
Adjusted	0.408	0.254	0.879	0.332	0.528	0.728

VAS = visual analog scale; SBP = systolic blood pressure; DBP = diastolic blood pressure; bpm = beats per minute; 24h = 24-h measurement. n = 509. Continuous measurements are displayed as mean (standard deviation). Linear regression. Adjusted models included age, sex, current smoking and self-reported chronic stress as covariates.

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Supplementary Table 2. Hemodynamic measurements in relation to quartiles of VAS for diarrhea

	SBP supine	SBP 24 h	DBP supine	DBP 24 h	Heart rate, bpm	Heart rate 24h, bpm
VAS-diarrhea (mm)						
Q1 [0-4]	115.8 (14.5)	118.2 (14.3)	71.5 (9.2)	68.8 (11.1)	62.1 (8.6)	70.2 (8.3)
Q2 [5-22]	115.6 (14.1)	118.0 (11.8)	71.9 (9.0)	68.3 (9.0)	64.7 (9.9)	72.0 (8.7)
Q3 [23-58]	115.5 (15.6)	121.8 (11.6)	71.0 (9.4)	70.4 (8.7)	63.5 (10.5)	71.1 (8.3)
Q4 [59-99]	115.4 (15.0)	125.2 (15.1)	73.0 (9.5)	74.0 (11.2)	64.0 (10.1)	74.5 (9.9)
P-value						
Q4 vs Q1	0.825	**0.008**	0.244	**0.010**	0.234	**0.007**
Adjusted	0.487	0.087	0.062	0.121	0.407	0.060
Q4 vs Q1-3	0.893	**0.003**	0.134	**0.001**	0.691	**0.011**
Adjusted	0.379	**0.038**	**0.040**	**0.033**	0.957	**0.048**

VAS = visual analog scale; SBP = systolic blood pressure; DBP = diastolic blood pressure; bpm = beats per minute; 24 h = 24-h measurement. n = 509. Continuous measurements are displayed as mean (standard deviation). Linear regression. Adjusted models included age, sex, current smoking and self-reported chronic stress as covariates. $P < 0.05$ was considered statistically significant.

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