**Supplementary Data One**. Summary data showing range, median and interquartile range for psychological distress (PHQ-4), anxiety (GAD-2), depression (PHQ-2) and loneliness (UCLA-3), scores from round 1 and round 2 survey data (n=96).

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Survey | Round 1 Survey Data | | | Round 2 Survey Data | | |
|  | Range | Median | IQR | Range | Median | IQR |
| PHQ-4 | 0-10 | 1.00 | 4 | 0-8 | 1.00 | 3 |
| GAD-2 | 0-5 | 0.00 | 2 | 0-5 | 0.00 | 2 |
| PHQ-2 | 0-6 | 1.00 | 2 | 0-4 | 0.00 | 1 |
| UCLA-3 | 3-8 | 4.00 | 3 | 3-9 | 4.00 | 3 |

*Note IQR = inter quartile range.*