# **Appendix**

## Appendix 1: Search Terms used

**OVID** Search Term which includes:

* **EMBASE**
* **MEDLINE**

1. Exp aromatherapy
2. Aromatherapy.mp
3. "essential oil\*".mp
4. plant oil\*.mp
5. aroma\*.mp
6. Trigger point
7. Exp reflexology
8. Reflex therap\*.mp
9. Foot reflex\*.mp
10. Parkinson\*.mp
11. Multiple sclerosis.mp
12. Huntington\*.mp
13. ‘’Prion disease’’.mp
14. ‘’Amyotrophic lateral sclerosis’’.mp
15. ‘’Motor neurone disease’’.mp
16. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9
17. 10 or 11 or 12 or 13 or 14 or 15
18. 16 and 17

**PsycINFO**

1. Exp aromatherapy
2. Aromatherapy.mp
3. "essential oil\*".mp
4. plant oil\*.mp
5. aroma\*.mp
6. Trigger point.mp
7. Reflexology.mp
8. Reflex therap\*.mp
9. Foot reflex\*.mp
10. Parkinson\*.mp
11. Multiple sclerosis.mp
12. Huntington\*.mp
13. ‘’Prion disease’’.mp
14. ‘’Amyotrophic lateral sclerosis’’.mp
15. ‘’Motor neurone disease’’.mp
16. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9
17. 10 or 11 or 12 or 13 or 14 or 15
18. 16 and 17

**AMED**

1. Exp Aroma therapy
2. Aromatherapy.mp
3. "essential oil\*".mp
4. plant oil\*.mp
5. aroma\*.mp
6. Trigger point.mp
7. Reflexology.mp
8. Reflex therap\*.mp
9. Foot reflex\*.mp
10. Parkinson\*.mp
11. Multiple sclerosis.mp
12. Huntington\*.mp
13. ‘’Prion disease’’.mp
14. ‘’Amyotrophic lateral sclerosis’’.mp
15. ‘’Motor neurone disease’’.mp
16. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9
17. 10 or 11 or 12 or 13 or 14 or 15
18. 16 and 17

**CINAHL (EBSCOhost)**

1. ("Aromatherapy") or (MH "Aromatherapy")
2. TX ‘’aroma therap\*’’
3. AB aroma\*
4. TX ‘’essential oil\*’’
5. TX ‘’Plant oil\*’’
6. TX ‘’Trigger point’’
7. (‘’Reflexology’’) or (MH ‘’Reflexology’’)
8. TX Reflex therap\*
9. TX Foot reflex\*
10. TX Parkinson\*
11. TX ‘’Multiple sclerosis’’
12. TX Huntington\*
13. TX ‘’Prion disease’’
14. TX ‘’Amyotrophic lateral sclerosis’’
15. TX ‘’Motor neurone disease’’
16. S1 or s2 or s3 or s4 or s5 or s6 or s7 or s8 or s9
17. S10 or s11 or s12 or s13 or s14 or s15
18. S16 and s17

**Cochrane Central Register of Controlled Trials (CENTRAL)**

Similar search terms to OVID

1. Aromatherapy
2. ‘’aroma therap\*’’
3. Aroma\*
4. ‘’essential oil\*’’
5. ‘’plant oil\*’’
6. ‘’Trigger point’’
7. Reflexology
8. Reflex therap\*
9. Foot reflex\*
10. Parkinson\*
11. ‘’Multiple sclerosis’’
12. Huntington\*
13. ‘’Prion disease’’
14. ‘’Amyotrophic lateral sclerosis’’
15. ‘’Motor neurone disease’’
16. #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9
17. #10 or #11 or #12 or #13 or #14 or #15
18. #16 and #17