

COMPREHENSIVE EUROPEAN DIETARY EXPOSURE MODEL

Anthocyanins		Natural	mg/kg bw/day			P95 consumers < 60 removed
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INFANTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Bulgaria	NUTRICHILD	0.38	0.96	0.96	0.96
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.11	0.33	0.33	0.33
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	2.72	10.13	10.13	10.13
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.20	0.63	0.63	0.63
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.15	0.15	0.15	0.15
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.63	16.07	16.07	16.07
Min		0.11	0.15	0.15	0.15
Max		2.72	16.07	16.07	16.07

TODDLERS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Belgium	Regional Flanders	0.19	0.19	0.19	0.19
Bulgaria	NUTRICHILD	1.77	11.39	11.39	11.39
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.18	2.00	2.00	2.00
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	3.48	12.09	12.09	12.09
	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	4.00	12.83	12.83	12.83
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.40	0.68	0.68	0.68
Germany	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.39	0.78	0.78	0.78
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.58	0.58	0.58	0.58
Netherlands	DNFCS-Young-Children	0.26	0.63	0.63	0.63
Spain	Food patterns of Spanish schoolchildren and adolescents	0.19	0.19	0.19	0.19
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	1.15	17.12	17.12	17.12
	National Diet and Nutrition Survey - Years 1-3	0.71	0.90	0.90	0.90
Min		0.18	0.19	0.19	0.19
Max		4.00	17.12	17.12	17.12

OTHER CHILDREN

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.14	0.36	0.36	0.36
Belgium	Regional Flanders	0.15	0.47	0.47	0.47
Bulgaria	NUTRICHILD	1.78	12.95	12.95	12.95
Czech Republic	Czech National Food Consumption Survey	0.68	0.94	0.94	0.94
Denmark	Danish Dietary Survey	0.19	0.42	0.42	0.42
	The Danish National Dietary survey 2005-2008	0.26	1.19	1.19	1.19
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	1.55	8.11	8.11	8.11
	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	2.38	11.20	11.20	11.20
France	Individual and national study on food consumption 2	0.25	0.66	0.66	0.66
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.33	0.57	0.57	0.57
	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.53	0.78	0.78	0.78
	Eating Study as a KIGGS Module (EsKiMo)	0.55	0.85	0.85	0.85
Greece	Regional Crete	0.13	0.39	0.39	0.39
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.34	0.73	0.73	0.73
Latvia	National Dietary Survey	0.66	0.66	0.66	0.66
Netherlands	DNFCS-Young-Children	0.19	0.51	0.51	0.51

N	%	Highest contributor
116	14%	Apple (<i>Malus domesticus</i>)
87	11%	Peaches (<i>Prunus persica</i>)
240	48%	Raspberries (<i>Rubus idaeus</i>)
69	43%	Apple (<i>Malus domesticus</i>)
0	0%	Insufficient consumers
89	7%	Bilberry or whortleberry (<i>Vaccinium spp.</i>)

N	%	Highest contributor
0	0%	Insufficient consumers
77	18%	Sweet cherry (<i>Prunus avium</i>)
77	8%	Raspberries (<i>Rubus idaeus</i>)
248	50%	Currents (red, black and white) (<i>Ribes nigrum, Ribes rubrum</i>)
248	50%	Blueberries (<i>Vaccinium corymbosum</i>)
290	83%	Apple (<i>Malus domesticus</i>)
160	61%	Apple (<i>Malus domesticus</i>)
0	0%	Insufficient consumers
178	55%	Apple (<i>Malus domesticus</i>)
0	0%	Insufficient consumers
142	11%	Bilberry or whortleberry (<i>Vaccinium spp.</i>)
117	63%	Apple (<i>Malus domesticus</i>)

N	%	Highest contributor
72	56%	Apple (<i>Malus domesticus</i>)
369	59%	Apple (<i>Malus domesticus</i>)
102	24%	Sweet cherry (<i>Prunus avium</i>)
259	67%	Apple (<i>Malus domesticus</i>)
405	83%	Apple (<i>Malus domesticus</i>)
162	54%	Raspberries (<i>Rubus idaeus</i>)
204	27%	Raspberries (<i>Rubus idaeus</i>)
120	13%	Juice, Blackcurrant
103	21%	Aubergines (egg plants) (<i>Solanum melongena</i>)
245	84%	Apple (<i>Malus domesticus</i>)
531	80%	Apple (<i>Malus domesticus</i>)
616	74%	Apple (<i>Malus domesticus</i>)
348	42%	Apple (<i>Malus domesticus</i>)
102	53%	Apple (<i>Malus domesticus</i>)
0	0%	Insufficient consumers
563	59%	Apple (<i>Malus domesticus</i>)

Supplementary information C1. Intakes from natural sources

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Spain	Dutch National food consumption survey 2007 - 2010 Encuesta de nutrición 2005 Food patterns of Spanish schoolchildren and adolescents	0.17 0.09 0.81	0.41 0.43 0.81	0.41 0.43 0.81	0.41 0.43 0.81
Sweden	National Food Administration	0.22	0.53	0.53	0.53
UK	National Diet and Nutrition Survey - Years 1-3	0.40	0.59	0.59	0.59
		Minimum: Maximum:	0.09 2.38	0.36 12.95	0.36 12.95

ADOLESCENTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.19	0.37	0.37	0.37
Belgium	Diet National 2004	0.08	0.25	0.25	0.25
Cyprus	Childhealth	0.05	0.21	0.21	0.21
Czech Republic	Czech National Food Consumption Survey	0.34	0.56	0.56	0.56
Denmark	Danish Dietary Survey	0.10	0.22	0.22	0.22
	The Danish National Dietary survey 2005-2008	0.12	0.82	0.82	0.82
Finland	Nutrition and wellbeing of secondary school pupils	0.58	3.21	3.21	3.21
France	Individual and national study on food consumption 2	0.12	0.41	0.41	0.41
Germany	National Nutrition Survey II	0.37	0.62	0.62	0.62
	Eating Study as a KiGGS Module (EsKiMo)	0.15	0.39	0.39	0.39
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.23	0.40	0.40	0.40
Latvia	National Dietary Survey	0.45	0.76	0.76	0.76
Netherlands	Dutch National food consumption survey 2007 - 2010	0.08	0.24	0.24	0.24
Spain	Encuesta de nutrición 2005	0.07	0.31	0.31	0.31
	Food patterns of Spanish schoolchildren and adolescents	0.34	0.34	0.34	0.34
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.16	0.16	0.16	0.16
Sweden	National Food Administration	0.08	0.29	0.29	0.29
UK	National Diet and Nutrition Survey - Years 1-3	0.15	0.27	0.27	0.27
Min		0.05	0.16	0.16	0.16
Max		0.58	3.21	3.21	3.21

ADULTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.24	0.84	0.84	0.84
Belgium	Diet National 2004	0.34	2.33	2.33	2.33
Czech Republic	Czech National Food Consumption Survey	0.23	2.46	2.46	2.46
Denmark	Danish Dietary Survey	0.53	2.00	2.00	2.00
	The Danish National Dietary survey 2005-2008	0.50	2.03	2.03	2.03
Finland	National FINDIET 2012 Survey	0.95	7.39	7.39	7.39
	National Findiet Surveys	0.67	5.81	5.81	5.81
France	Individual and national study on food consumption 2	0.41	3.46	3.46	3.46
Germany	National Nutrition Survey II	0.39	8.90	8.90	8.90
Hungary	National Repr Surv	0.14	1.81	1.81	1.81
Ireland	National Adult Nutrition Survey	0.22	1.83	1.83	1.83
	North/South Ireland Food Consumption Survey	0.12	1.06	1.06	1.06
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.49	2.03	2.03	2.03
Latvia	National Dietary Survey	0.31	0.52	0.52	0.52
Netherlands	Dutch National Dietary Survey 2003	0.11	2.20	2.20	2.20
	Dutch National food consumption survey 2007 - 2010	0.22	2.47	2.47	2.47
Romania	Dieta Pilot Adults	0.32	1.02	1.02	1.02
Spain	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.30	2.10	2.10	2.10
	Spanish Agency for Food Safety (AESAN) Survey	0.31	2.01	2.01	2.01

N	%	Highest contributor
67	15%	Jam
138	35%	Apple (<i>Malus domesticus</i>)
138	35%	Grains and grain-based products
930	63%	Apple (<i>Malus domesticus</i>)
443	68%	Apple (<i>Malus domesticus</i>)
0	0%	Insufficient consumers
0	0%	Insufficient consumers
396	39%	Apple (<i>Malus domesticus</i>)
293	44%	Apple (<i>Malus domesticus</i>)
71	23%	Wine
300	23%	Wine, red
127	8%	Wine, red
1754	62%	Wine, red
974	56%	Wine, red
134	9%	Blueberries (<i>Vaccinium corymbosum</i>)
82	6%	Berries and small fruits
91	4%	Sweet cherry (<i>Prunus avium</i>)
74	1%	Currants (red, black and white) (<i>Ribes nigrum</i> , Rib
78	7%	Wine, red
290	23%	Wine, red
230	24%	Wine, red
1110	48%	Wine, red
372	29%	Apple (<i>Malus domesticus</i>)
64	9%	Wine, red
261	13%	Wine, red
542	43%	Aubergines (egg plants) (<i>Solanum melongena</i>)
71	7%	Sweet cherry (<i>Prunus avium</i>)
63	15%	Wine, red

Supplementary information C1. Intakes from natural sources

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Sweden	Swedish National Dietary Survey - RIKSMATEN 1997-98	0.42	4.09	4.09	4.09
	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.37	4.75	4.75	4.75
UK	National Diet and Nutrition Survey	0.21	1.93	1.93	1.93
	National Diet and Nutrition Survey - Years 1-3	0.29	3.95	3.95	3.95
Min		0.11	0.52	0.52	0.52
Max		0.95	8.90	8.90	8.90

ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.33	0.33	0.33	0.33
	Diet National 2004	0.42	2.41	2.41	2.41
Denmark	Danish Dietary Survey	0.60	2.08	2.08	2.08
	The Danish National Dietary survey 2005-2008	0.68	2.37	2.37	2.37
Finland	National FINDIET 2012 Survey	1.61	8.25	8.25	8.25
	National Findiet Surveys	1.19	4.80	4.80	4.80
France	Individual and national study on food consumption 2	0.70	2.45	2.45	2.45
	National Nutrition Survey II	0.48	2.69	2.69	2.69
Germany	National Repr Surv	0.16	0.30	0.30	0.30
	Ireland	0.18	0.18	0.18	0.18
Hungary	National Adult Nutrition Survey	0.69	2.56	2.56	2.56
	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.37	0.51	0.51	0.51
Netherlands	Dutch National food consumption survey 2007 - 2010	0.40	2.11	2.11	2.11
	Dutch National Food Consumption Surveys - Older Adults	0.32	0.44	0.44	0.44
Romania	Dieta Pilot Adults	0.56	1.96	1.96	1.96
	Sweden	0.39	0.47	0.47	0.47
Min		0.16	0.18	0.18	0.18
Max		1.61	8.25	8.25	8.25

VERY ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.51	0.51	0.51	0.51
	Diet National 2004	0.34	2.26	2.26	2.26
Denmark	Danish Dietary Survey	0.60	0.60	0.60	0.60
	The Danish National Dietary survey 2005-2008	0.93	0.93	0.93	0.93
France	Individual and national study on food consumption 2	0.66	0.66	0.66	0.66
	National Nutrition Survey II	0.48	2.24	2.24	2.24
Germany	National Repr Surv	0.16	0.31	0.31	0.31
	Ireland	0.22	0.22	0.22	0.22
Hungary	National Adult Nutrition Survey	0.59	2.46	2.46	2.46
	Italy	0.59	2.46	2.46	2.46
Netherlands	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.31	2.06	2.06	2.06
	Dutch National Food Consumption Surveys - Older Adults	0.44	0.44	0.44	0.44
Romania	Dieta Pilot Adults	0.72	0.72	0.72	0.72
	Sweden	0.24	0.24	0.24	0.24
Min		0.16	0.22	0.22	0.22
Max		0.93	2.46	2.46	2.46

N % Highest contributor

247	20%	Berries and small fruits
82	6%	Raspberries (<i>Rubus idaeus</i>)
70	4%	Raspberries (<i>Rubus idaeus</i>)
67	5%	Raspberries (<i>Rubus idaeus</i>)

N % Highest contributor

0	0%	Insufficient consumers
136	27%	Wine, red
191	62%	Wine, red
189	69%	Wine, red
66	14%	Blueberries (<i>Vaccinium corymbosum</i>)
101	24%	Bilberry or whortleberry (<i>Vaccinium spp.</i>)
146	55%	Wine, red
349	17%	Wine, red
167	81%	Apple (<i>Malus domesticus</i>)
0	0%	Insufficient consumers
159	55%	Wine, red
87	50%	Apple (<i>Malus domesticus</i>)
96	33%	Wine, red
66	80%	Apple (<i>Malus domesticus</i>)
113	38%	Wine, red
76	46%	Apple (<i>Malus domesticus</i>)

N % Highest contributor

0	0%	Insufficient consumers
179	25%	Wine, red
0	0%	Insufficient consumers
0	0%	Insufficient consumers
72	15%	Wine, red
61	76%	Apple (<i>Malus domesticus</i>)
0	0%	Insufficient consumers
115	50%	Wine, red
89	20%	Wine, red
0	0%	Insufficient consumers
0	0%	Insufficient consumers
0	0%	Insufficient consumers

0 Insufficient consumers
10% Less than 10% consumers

COMPREHENSIVE EUROPEAN DIETARY EXPOSURE MODEL

Anthocyanins		E163 / CFS	mg/kg bw/day			P95 consumers < 60 removed		
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Bulgaria	NUTRICHLID	0.10	0.68	0.58	0.37	70	8%	Pastries and cakes
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.32	2.18	1.94	1.08	278	34%	Yoghurt, cow milk, with fruit
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.23	0.79	0.72	0.67	378	76%	Cereal flakes
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.32	0.81	0.44	0.38	70	44%	Biscuits (cookies)
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.14	0.27	0.14	0.14	0	0%	Insufficient consumers
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.43	2.19	1.78	1.55	111	8%	Porridge
Min		0.10	0.27	0.14	0.14			
Max		0.43	2.19	1.94	1.55			
TODDLERS								
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Belgium	Regional Flanders	1.33	3.12	1.33	1.33	0	0%	Insufficient consumers
Bulgaria	NUTRICHLID	0.38	1.69	1.24	0.79	82	19%	Corn chips
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.55	2.49	1.93	1.17	510	56%	Yoghurt, cow milk, with fruit
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.60	2.95	2.58	1.50	229	46%	Yoghurt, cow milk, with fruit
	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	0.35	2.28	2.12	1.14	229	46%	Yoghurt, cow milk, with fruit
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.88	7.43	6.85	1.91	240	69%	Soft drink, fruit content
Germany	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.41	1.88	1.45	0.89	73	28%	Ices and desserts
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.30	0.59	0.30	0.30	0	0%	Insufficient consumers
Netherlands	DNFCS-Young-Children	1.03	5.05	4.08	2.38	149	46%	Fermented milk products
Spain	Food patterns of Spanish schoolchildren and adolescents	0.54	1.05	0.54	0.54	0	0%	Insufficient consumers
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.77	3.49	2.64	2.32	145	11%	Porridge
	National Diet and Nutrition Survey - Years 1-3	0.84	3.49	2.80	0.00	125	68%	Soft drink, fruit content
Min		0.30	0.59	0.30	0.00			
Max		1.33	7.43	6.85	2.38			
OTHER CHILDREN								
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.56	1.76	1.00	0.78	100	78%	Pastries and cakes
Belgium	Regional Flanders	1.08	5.68	4.50	2.27	271	43%	Flavoured milk
Bulgaria	NUTRICHLID	0.43	3.51	2.96	0.93	84	19%	Soft drink, flavoured
Czech Republic	Czech National Food Consumption Survey	0.58	3.84	3.29	1.06	173	44%	Soft drink, flavoured
Denmark	Danish Dietary Survey	0.44	2.59	2.23	0.69	443	90%	Soft drink, flavoured
	The Danish National Dietary survey 2005-2008	0.39	2.05	1.66	0.68	288	97%	Soft drinks
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.46	1.90	1.53	0.93	413	55%	Yoghurt, cow milk, with fruit
	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	0.44	1.96	1.54	0.91	210	23%	Soft drink, flavoured
France	Individual and national study on food consumption 2	0.50	2.43	1.94	0.79	83	17%	Soft drink, flavoured
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.85	5.41	4.80	1.47	230	78%	Soft drink, fruit content
	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.64	4.07	3.31	1.14	220	33%	Soft drink, fruit content
Greece	Eating Study as a KIGGS Module (EsKiMo)	0.49	3.59	3.09	0.99	307	37%	Soft drink, fruit content
Italy	Regional Crete	0.40	1.86	1.46	0.95	74	9%	Soft drinks
Latvia	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.23	0.69	0.49	0.36	131	68%	Pastries and cakes
Netherlands	National Dietary Survey	0.65	2.20	1.52	1.06	74	40%	Cereal flakes
	DNFCS-Young-Children	0.89	4.85	3.85	1.97	226	24%	Flavoured milk
	Dutch National food consumption survey 2007 - 2010	0.87	4.60	3.78	0.00	345	77%	Soft drink, fruit content

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Spain	Encuesta de nutrición 2005 Food patterns of Spanish schoolchildren and adolescents	0.48	1.77	1.33	0.00
Sweden	National Food Administration	0.49	2.06	1.54	0.00
UK	National Diet and Nutrition Survey - Years 1-3	0.92	3.86	2.85	0.00
		0.67	2.89	2.29	0.00
		Minimum:	0.23	0.69	0.49
		Maximum:	1.08	5.68	4.80
					2.27

ADOLESCENTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.34	1.84	1.42	0.54
Belgium	Diet National 2004	0.31	2.44	2.19	0.66
Cyprus	Childhealth	0.15	1.04	0.90	0.29
Czech Republic	Czech National Food Consumption Survey	0.40	3.42	3.06	0.88
Denmark	Danish Dietary Survey	0.31	2.22	1.97	0.55
Finland	The Danish National Dietary survey 2005-2008	0.22	1.38	1.16	0.36
France	Nutrition and wellbeing of secondary school pupils	0.18	1.04	0.88	0.35
Germany	Individual and national study on food consumption 2	0.23	1.14	0.91	0.37
Italy	National Nutrition Survey II	0.36	2.87	2.54	0.76
Latvia	Eating Study as a KIGGS Module (EsKiMo)	0.25	2.83	2.61	0.72
Netherlands	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.12	0.56	0.45	0.24
Spain	National Dietary Survey	0.43	2.37	1.98	0.73
Sweden	Dutch National food consumption survey 2007 - 2010	0.51	2.98	2.47	1.01
UK	Encuesta de nutrición 2005	0.25	1.72	1.47	0.49
	Food patterns of Spanish schoolchildren and adolescents	0.26	1.88	1.61	0.52
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.15	0.30	0.15	0.15
	National Food Administration	0.50	2.38	1.77	0.82
	National Diet and Nutrition Survey - Years 1-3	0.34	1.70	1.24	0.73
Min		0.12	0.30	0.15	0.15
Max		0.51	3.42	3.06	1.01

ADULTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.28	0.94	0.70	0.48
Belgium	Diet National 2004	0.25	2.22	2.04	0.59
Czech Republic	Czech National Food Consumption Survey	0.18	1.85	1.69	0.47
Denmark	Danish Dietary Survey	0.14	1.42	1.32	0.35
Finland	The Danish National Dietary survey 2005-2008	0.12	1.04	0.94	0.26
France	National FINDIET 2012 Survey	0.13	1.39	1.28	0.55
Germany	National Findiet Surveys	0.28	1.64	1.46	0.75
Hungary	Individual and national study on food consumption 2	0.16	0.86	0.74	0.34
Ireland	National Nutrition Survey II	0.21	2.07	1.92	0.84
Italy	National Repr Surv	0.12	0.98	0.87	0.34
Latvia	National Adult Nutrition Survey	0.24	1.88	1.67	1.67
Netherlands	North/South Ireland Food Consumption Survey	0.18	1.66	1.46	1.46
Romania	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.06	0.61	0.56	0.20
Spain	National Dietary Survey	0.26	1.71	1.48	0.51
Sweden	Dutch National Dietary Survey 2003	0.31	2.19	1.87	0.66
	Dutch National food consumption survey 2007 - 2010	0.28	1.80	1.53	0.57
	Dieta Pilot Adults	0.16	1.22	1.07	0.41
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.10	0.90	0.81	0.24
	Spanish Agency for Food Safety (AESAN) Survey	0.12	0.52	0.39	0.22
	Swedish National Dietary Survey - RIKS-MATEN 1997-98	0.28	1.52	1.35	0.62

N % Highest contributor (brand loyal)

202	51%	Fermented milk products
202	51%	Yoghurt, cow milk, with fruit
1064	72%	Soft drink, fruit content
524	80%	Soft drink, fruit content
0	0%	Insufficient consumers
103	43%	Soft drinks
238	41%	Soft drink, flavoured
108	36%	Soft drinks
150	50%	Soft drink, flavoured
441	92%	Soft drink, flavoured
345	92%	Soft drinks
81	26%	Soft drink, flavoured
345	92%	Soft drink, flavoured
81	26%	Soft drink, fruit content
177	18%	Soft drink, flavoured
76	31%	Ice cream, milk-based
112	25%	Soft drinks
763	67%	Soft drink, fruit content
93	14%	Soft drink, fruit content
60	29%	Soft drinks
0	0%	Insufficient consumers
557	55%	Soft drink, fruit content
186	28%	Soft drink, flavoured

N % Highest contributor (brand loyal)

88	29%	Fermented milk products
354	27%	Soft drink, flavoured
358	21%	Soft drink, flavoured
1824	65%	Soft drink, flavoured
1297	75%	Soft drinks
61	4%	Soft drink, fruit content
60	5%	Soft drink, fruit content
261	11%	Soft drink, flavoured
875	8%	Soft drink, flavoured
269	25%	Soft drink, flavoured
78	6%	Cider
61	6%	Cider
115	5%	Soft drink, fruit content
109	9%	Soft drinks
318	42%	Soft drink, fruit content
651	32%	Soft drink, fruit content
270	22%	Soft drink, flavoured
101	10%	Soft drink, flavoured
60	15%	Ice cream, milk-based
774	64%	Soft drink, flavoured

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
UK	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.26	1.24	1.02	0.47
	National Diet and Nutrition Survey	0.21	1.72	1.50	1.50
	National Diet and Nutrition Survey - Years 1-3	0.21	1.72	1.49	1.49
Min		0.06	0.52	0.39	0.20
Max		0.31	2.22	2.04	1.67

ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.23	0.43	0.23	0.23
Belgium	Diet National 2004	0.23	1.28	1.12	0.47
Denmark	Danish Dietary Survey	0.09	0.98	0.91	0.25
Finland	The Danish National Dietary survey 2005-2008	0.08	0.64	0.56	0.20
	National FINDIET 2012 Survey	0.09	0.49	0.43	0.25
	National Findiet Surveys	0.29	0.96	0.85	0.73
France	Individual and national study on food consumption 2	0.12	0.36	0.29	0.20
Germany	National Nutrition Survey II	0.19	1.37	1.24	0.76
Hungary	National Repr Surv	0.11	0.74	0.66	0.21
Ireland	National Adult Nutrition Survey	0.22	0.76	0.63	0.55
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.05	0.20	0.15	0.10
Netherlands	Dutch National food consumption survey 2007 - 2010	0.23	0.56	0.33	0.28
	Dutch National Food Consumption Surveys - Older Adults	0.22	0.78	0.59	0.42
Romania	Dieta Pilot Adults	0.15	0.42	0.28	0.20
Sweden	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.24	0.56	0.38	0.32
UK	National Diet and Nutrition Survey - Years 1-3	0.20	0.47	0.31	0.25
Min		0.05	0.20	0.15	0.10
Max		0.29	1.37	1.24	0.76

VERY ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.29	0.52	0.29	0.29
Belgium	Diet National 2004	0.26	1.77	1.59	0.61
Denmark	Danish Dietary Survey	0.08	0.16	0.08	0.08
Finland	The Danish National Dietary survey 2005-2008	0.08	0.17	0.08	0.08
France	Individual and national study on food consumption 2	0.12	0.31	0.23	0.17
Germany	National Nutrition Survey II	0.21	0.73	0.59	0.41
Hungary	National Repr Surv	0.11	0.27	0.11	0.11
Ireland	National Adult Nutrition Survey	0.25	0.40	0.25	0.25
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.05	0.19	0.15	0.10
Netherlands	Dutch National Food Consumption Surveys - Older Adults	0.26	0.85	0.64	0.46
Romania	Dieta Pilot Adults	0.17	0.32	0.17	0.17
Sweden	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.26	0.62	0.42	0.34
UK	National Diet and Nutrition Survey - Years 1-3	0.23	0.56	0.36	0.29
Min		0.05	0.16	0.08	0.08
Max		0.29	1.77	1.59	0.61

N % Highest contributor (brand loyal)

337 24% Soft drink, fruit content
94 5% Cider
69 5% Cider

N % Highest contributor (brand loyal)

0	0%	Insufficient consumers
84	16%	Soft drink, flavoured
94	30%	Soft drink, flavoured
127	46%	Soft drinks
80	17%	Yoghurt, cow milk, with fruit
221	54%	Porridge
88	33%	Quark
73	4%	Soft drink, flavoured
62	30%	Flavoured milk
68	46%	Porridge
69	24%	Cheese
129	75%	Pastries and cakes
72	25%	Ready to eat soups
70	84%	Cheese
184	62%	Prepared mixed vegetable salad
72	43%	Cereal flakes

N % Highest contributor (brand loyal)

0	0%	Insufficient consumers
109	15%	Soft drink, flavoured
0	0%	Insufficient consumers
0	0%	Insufficient consumers
65	77%	Pastries and cakes
75	15%	Ready to eat soups
0	0%	Insufficient consumers
0	0%	Insufficient consumers
66	29%	Pastries and cakes
128	28%	Ready to eat soups
0	0%	Insufficient consumers
63	88%	Pastries and cakes
99	71%	Pastries and cakes

0 Insufficient consumers
10% Less than 10% consumers

COMPREHENSIVE EUROPEAN DIETARY EXPOSURE MODEL

Anthocyanins		CFS Occ	mg/kg bw/day			P95 consumers < 60 removed		
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Bulgaria	NUTRICHLID	0.00	0.68	0.50	0.02	70	8%	Pastries and cakes
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.02	2.18	1.72	0.10	278	34%	Yoghurt, cow milk, with fruit
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.01	0.79	0.58	0.03	378	76%	Cereal flakes
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.01	0.81	0.14	0.01	70	44%	Biscuits (cookies)
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.00	0.27	0.00	0.00	0	0%	Insufficient consumers
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.02	2.19	1.41	0.09	111	8%	Porridge
Min		0.00	0.27	0.00	0.00			
Max		0.02	2.19	1.72	0.10			
TODDLERS								
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Belgium	Regional Flanders	0.08	3.12	0.08	0.08	0	0%	Insufficient consumers
Bulgaria	NUTRICHLID	0.02	1.69	0.91	0.04	82	19%	Corn chips
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.04	2.49	1.54	0.10	510	56%	Yoghurt, cow milk, with fruit
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.04	2.95	2.17	0.13	229	46%	Yoghurt, cow milk, with fruit
Germany	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	0.03	2.28	1.97	0.12	229	46%	Yoghurt, cow milk, with fruit
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.05	7.43	6.27	0.11	240	69%	Soft drink, fruit content
Germany	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.03	1.88	1.12	0.08	69	26%	Yoghurt, cow milk, with fruit
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.02	0.59	0.02	0.02	0	0%	Insufficient consumers
Netherlands	DNFCS-Young-Children	0.08	5.05	3.44	0.23	149	46%	Fermented milk products
Spain	Food patterns of Spanish schoolchildren and adolescents	0.04	1.05	0.04	0.04	0	0%	Insufficient consumers
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.04	3.49	1.95	0.09	145	11%	Porridge
	National Diet and Nutrition Survey - Years 1-3	0.04	3.49	2.08	0.00	125	68%	Soft drink, fruit content
Min		0.02	0.59	0.02	0.00			
Max		0.08	7.43	6.27	0.23			
OTHER CHILDREN								
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.03	1.76	0.54	0.04	100	78%	Pastries and cakes
Belgium	Regional Flanders	0.07	5.68	3.60	0.20	271	43%	Flavoured milk
Bulgaria	NUTRICHLID	0.02	3.51	2.59	0.06	84	19%	Soft drink, flavoured
Czech Republic	Czech National Food Consumption Survey	0.04	3.84	2.84	0.07	173	44%	Soft drink, flavoured
Denmark	Danish Dietary Survey	0.03	2.59	1.96	0.05	443	90%	Soft drink, flavoured
	The Danish National Dietary survey 2005-2008	0.03	2.05	1.38	0.06	288	97%	Soft drinks
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.03	1.90	1.22	0.08	413	55%	Yoghurt, cow milk, with fruit
	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	0.03	1.89	1.24	0.09	512	55%	Yoghurt, cow milk, with fruit
France	Individual and national study on food consumption 2	0.03	2.43	1.48	0.05	83	17%	Soft drink, flavoured
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.05	5.41	4.24	0.09	230	78%	Soft drink, fruit content
	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.04	4.07	2.77	0.08	220	33%	Soft drink, fruit content
Greece	Eating Study as a KIGGS Module (EsKiMo)	0.03	3.59	2.69	0.06	307	37%	Soft drink, fruit content
Italy	Regional Crete	0.02	1.86	1.08	0.05	74	9%	Soft drinks
Latvia	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.01	0.69	0.32	0.02	131	68%	Pastries and cakes
Netherlands	National Dietary Survey	0.02	2.20	0.95	0.04	74	40%	Cereal flakes
	DNFCS-Young-Children	0.07	4.85	3.08	0.19	226	24%	Flavoured milk
	Dutch National food consumption survey 2007 - 2010	0.06	4.60	3.18	0.00	345	77%	Soft drink, fruit content

Supplementary information C4. Intakes of anthocyanins from CFS use, with occurrence data

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Spain	Encuesta de nutrición 2005 Food patterns of Spanish schoolchildren and adolescents	0.03	1.77	0.97	0.00
Sweden	National Food Administration	0.03	2.06	1.19	0.00
UK	National Diet and Nutrition Survey - Years 1-3	0.06	3.86	2.09	0.00
		0.03	2.89	1.74	0.00
		Minimum:	0.01	0.69	0.32
		Maximum:	0.07	5.68	4.24
					0.20

ADOLESCENTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.02	1.84	1.14	0.04
Belgium	Diet National 2004	0.01	2.44	1.95	0.03
Cyprus	Childhealth	0.01	1.04	0.78	0.01
Czech Republic	Czech National Food Consumption Survey	0.02	3.42	2.77	0.05
Denmark	Danish Dietary Survey	0.02	2.22	1.80	0.04
Finland	The Danish National Dietary survey 2005-2008	0.01	1.38	1.02	0.03
France	Nutrition and wellbeing of secondary school pupils	0.01	1.04	0.72	0.03
Germany	Individual and national study on food consumption 2	0.01	1.14	0.70	0.02
Italy	National Nutrition Survey II	0.02	2.87	2.26	0.04
Latvia	Eating Study as a KIGGS Module (EsKiMo)	0.01	2.83	2.39	0.04
Netherlands	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.01	0.56	0.35	0.01
Spain	National Dietary Survey	0.01	2.37	1.59	0.03
Sweden	Dutch National food consumption survey 2007 - 2010	0.03	2.98	2.10	0.09
UK	Encuesta de nutrición 2005	0.01	1.72	1.25	0.04
	Food patterns of Spanish schoolchildren and adolescents	0.02	1.88	1.40	0.04
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.01	0.30	0.01	0.01
	National Food Administration	0.03	2.38	1.36	0.07
	National Diet and Nutrition Survey - Years 1-3	0.02	1.57	0.94	0.04
Min		0.01	0.30	0.01	0.01
Max		0.03	3.42	2.77	0.09

ADULTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.01	0.94	0.45	0.03
Belgium	Diet National 2004	0.01	2.22	1.84	0.03
Czech Republic	Czech National Food Consumption Survey	0.01	1.85	1.55	0.03
Denmark	Danish Dietary Survey	0.01	1.42	1.24	0.02
Finland	The Danish National Dietary survey 2005-2008	0.01	1.04	0.86	0.02
France	National FINDIET 2012 Survey	0.01	1.39	1.16	0.06
Germany	National Findiet Surveys	0.01	1.64	1.20	0.04
Hungary	Individual and national study on food consumption 2	0.01	0.86	0.60	0.03
Ireland	National Nutrition Survey II	0.01	2.07	1.73	0.04
Italy	National Repr Surv	0.00	0.98	0.76	0.02
Latvia	National Adult Nutrition Survey	0.01	1.88	1.46	0.17
Netherlands	North/South Ireland Food Consumption Survey	0.01	1.66	1.31	0.15
Romania	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.00	0.61	0.50	0.02
Spain	National Dietary Survey	0.01	1.71	1.24	0.02
Sweden	Dutch National Dietary Survey 2003	0.02	2.19	1.62	0.05
	Dutch National food consumption survey 2007 - 2010	0.01	1.80	1.30	0.05
	Dieta Pilot Adults	0.01	1.22	0.93	0.02
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.01	0.90	0.72	0.02
	Spanish Agency for Food Safety (AESAN) Survey	0.01	0.52	0.28	0.01
	Swedish National Dietary Survey - RIKS-MATEN 1997-98	0.01	1.52	1.12	0.03

N % Highest contributor (brand loyal)

202	51%	Fermented milk products
202	51%	Yoghurt, cow milk, with fruit
1064	72%	Soft drink, fruit content
524	80%	Soft drink, fruit content
0	0%	Insufficient consumers

N % Highest contributor (brand loyal)

103	43%	Soft drinks
238	41%	Soft drink, flavoured
108	36%	Soft drinks
150	50%	Soft drink, flavoured
441	92%	Soft drink, flavoured
345	92%	Soft drinks
81	26%	Soft drink, flavoured
345	92%	Soft drink, flavoured
81	26%	Soft drink, fruit content
177	18%	Soft drink, flavoured
76	31%	Ice cream, milk-based
112	25%	Soft drinks
763	67%	Soft drink, fruit content
93	14%	Soft drink, fruit content
60	29%	Soft drinks
0	0%	Insufficient consumers
557	55%	Soft drink, fruit content
482	72%	Soft drink, fruit content

Supplementary information C4. Intakes of anthocyanins from CFS use, with occurrence data

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
UK	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.01	1.24	0.79	0.03
	National Diet and Nutrition Survey	0.01	1.72	1.31	0.15
	National Diet and Nutrition Survey - Years 1-3	0.01	1.32	1.31	0.15
Min		0.00	0.52	0.28	0.01
Max		0.02	2.22	1.84	0.17

ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.01	0.43	0.01	0.01
	Diet National 2004	0.01	1.28	0.90	0.02
	Danish Dietary Survey	0.01	0.98	0.84	0.02
Denmark	The Danish National Dietary survey 2005-2008	0.00	0.64	0.49	0.02
	National FINDIET 2012 Survey	0.00	0.49	0.36	0.02
	National Findiet Surveys	0.01	0.96	0.73	0.03
Finland	Individual and national study on food consumption 2	0.01	0.36	0.18	0.01
	National Nutrition Survey II	0.01	1.37	1.06	0.02
	National Repr Surv	0.00	0.74	0.57	0.01
France	National Adult Nutrition Survey	0.01	0.76	0.51	0.01
	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.00	0.20	0.11	0.00
	Dutch National food consumption survey 2007 - 2010	0.01	0.56	0.13	0.01
Germany	Dutch National Food Consumption Surveys - Older Adults	0.01	0.78	0.41	0.02
	Dieta Pilot Adults	0.00	0.42	0.16	0.01
	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.01	0.56	0.18	0.01
Hungary	National Diet and Nutrition Survey - Years 1-3	0.01	0.47	0.14	0.01
		0.00	0.20	0.01	0.00
		0.01	1.37	1.06	0.03

VERY ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.01	0.52	0.01	0.01
	Diet National 2004	0.01	1.77	1.35	0.03
	Danish Dietary Survey	0.00	0.16	0.00	0.00
Denmark	The Danish National Dietary survey 2005-2008	0.00	0.17	0.00	0.00
	Individual and national study on food consumption 2	0.01	0.31	0.14	0.01
	National Nutrition Survey II	0.01	0.73	0.41	0.02
France	National Repr Surv	0.00	0.27	0.00	0.00
	National Adult Nutrition Survey	0.01	0.40	0.01	0.01
	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.00	0.19	0.11	0.00
Germany	Dutch National Food Consumption Surveys - Older Adults	0.01	0.85	0.43	0.03
	Dieta Pilot Adults	0.00	0.32	0.00	0.00
	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.01	0.62	0.20	0.01
Hungary	National Diet and Nutrition Survey - Years 1-3	0.01	0.56	0.17	0.01
		0.00	0.16	0.00	0.00
		0.01	1.77	1.35	0.03

N % Highest contributor (brand loyal)

337	24%	Soft drink, fruit content
94	5%	Cider
69	5%	Cider

N % Highest contributor (brand loyal)

0	0%	Insufficient consumers
84	16%	Soft drink, flavoured
94	30%	Soft drink, flavoured
127	46%	Soft drinks
80	17%	Yoghurt, cow milk, with fruit
221	54%	Porridge
88	33%	Quark
73	4%	Soft drink, flavoured
62	30%	Flavoured milk
68	46%	Porridge
69	24%	Cheese
129	75%	Pastries and cakes
72	25%	Ready to eat soups
70	84%	Cheese
184	62%	Prepared mixed vegetable salad
72	43%	Cereal flakes

N % Highest contributor (brand loyal)

0	0%	Insufficient consumers
109	15%	Soft drink, flavoured
0	0%	Insufficient consumers
0	0%	Insufficient consumers
65	77%	Pastries and cakes
75	15%	Ready to eat soups
0	0%	Insufficient consumers
0	0%	Insufficient consumers
66	29%	Pastries and cakes
128	28%	Ready to eat soups
0	0%	Insufficient consumers
63	88%	Pastries and cakes
99	71%	Pastries and cakes

0 Insufficient consumers
10% Less than 10% consumers

COMPREHENSIVE EUROPEAN DIETARY EXPOSURE MODEL

Anthocyanins		CFS Occ	mg/kg bw/day			P95 consumers < 60 removed		
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Bulgaria	NUTRICHLID	0.00	0.68	0.50	0.02	70	8%	Pastries and cakes
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.02	2.18	1.72	0.10	278	34%	Yoghurt, cow milk, with fruit
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.01	0.79	0.58	0.03	378	76%	Cereal flakes
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.01	0.81	0.14	0.01	70	44%	Biscuits (cookies)
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.00	0.27	0.00	0.00	0	0%	Insufficient consumers
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.02	2.19	1.41	0.09	111	8%	Porridge
Min		0.00	0.27	0.00	0.00			
Max		0.02	2.19	1.72	0.10			
TODDLERS								
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Belgium	Regional Flanders	0.08	3.12	0.08	0.08	0	0%	Insufficient consumers
Bulgaria	NUTRICHLID	0.02	1.69	0.91	0.04	82	19%	Corn chips
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.04	2.49	1.54	0.10	510	56%	Yoghurt, cow milk, with fruit
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.04	2.95	2.17	0.13	229	46%	Yoghurt, cow milk, with fruit
Germany	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	0.03	2.28	1.97	0.12	229	46%	Yoghurt, cow milk, with fruit
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.05	7.43	6.27	0.11	240	69%	Soft drink, fruit content
Germany	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.03	1.88	1.12	0.08	69	26%	Yoghurt, cow milk, with fruit
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.02	0.59	0.02	0.02	0	0%	Insufficient consumers
Netherlands	DNFCS-Young-Children	0.08	5.05	3.44	0.23	149	46%	Fermented milk products
Spain	Food patterns of Spanish schoolchildren and adolescents	0.04	1.05	0.04	0.04	0	0%	Insufficient consumers
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.04	3.49	1.95	0.09	145	11%	Porridge
	National Diet and Nutrition Survey - Years 1-3	0.04	3.49	2.08	0.00	125	68%	Soft drink, fruit content
Min		0.02	0.59	0.02	0.00			
Max		0.08	7.43	6.27	0.23			
OTHER CHILDREN								
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.03	1.76	0.54	0.04	100	78%	Pastries and cakes
Belgium	Regional Flanders	0.07	5.68	3.60	0.20	271	43%	Flavoured milk
Bulgaria	NUTRICHLID	0.02	3.51	2.59	0.06	84	19%	Soft drink, flavoured
Czech Republic	Czech National Food Consumption Survey	0.04	3.84	2.84	0.07	173	44%	Soft drink, flavoured
Denmark	Danish Dietary Survey	0.03	2.59	1.96	0.05	443	90%	Soft drink, flavoured
	The Danish National Dietary survey 2005-2008	0.03	2.05	1.38	0.06	288	97%	Soft drinks
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.03	1.90	1.22	0.08	413	55%	Yoghurt, cow milk, with fruit
	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	0.03	1.89	1.24	0.09	512	55%	Yoghurt, cow milk, with fruit
France	Individual and national study on food consumption 2	0.03	2.43	1.48	0.05	83	17%	Soft drink, flavoured
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.05	5.41	4.24	0.09	230	78%	Soft drink, fruit content
	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.04	4.07	2.77	0.08	220	33%	Soft drink, fruit content
Greece	Eating Study as a KIGGS Module (EsKiMo)	0.03	3.59	2.69	0.06	307	37%	Soft drink, fruit content
Italy	Regional Crete	0.02	1.86	1.08	0.05	74	9%	Soft drinks
Latvia	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.01	0.69	0.32	0.02	131	68%	Pastries and cakes
Netherlands	National Dietary Survey	0.02	2.20	0.95	0.04	74	40%	Cereal flakes
	DNFCS-Young-Children	0.07	4.85	3.08	0.19	226	24%	Flavoured milk
	Dutch National food consumption survey 2007 - 2010	0.06	4.60	3.18	0.00	345	77%	Soft drink, fruit content

Supplementary information C4. Intakes of anthocyanins from CFS use, with occurrence data

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Spain	Encuesta de nutrición 2005 Food patterns of Spanish schoolchildren and adolescents	0.03	1.77	0.97	0.00
Sweden	National Food Administration	0.03	2.06	1.19	0.00
UK	National Diet and Nutrition Survey - Years 1-3	0.06	3.86	2.09	0.00
		0.03	2.89	1.74	0.00
		Minimum:	0.01	0.69	0.32
		Maximum:	0.07	5.68	4.24
					0.20

ADOLESCENTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.02	1.84	1.14	0.04
Belgium	Diet National 2004	0.01	2.44	1.95	0.03
Cyprus	Childhealth	0.01	1.04	0.78	0.01
Czech Republic	Czech National Food Consumption Survey	0.02	3.42	2.77	0.05
Denmark	Danish Dietary Survey	0.02	2.22	1.80	0.04
Finland	The Danish National Dietary survey 2005-2008	0.01	1.38	1.02	0.03
France	Nutrition and wellbeing of secondary school pupils	0.01	1.04	0.72	0.03
Germany	Individual and national study on food consumption 2	0.01	1.14	0.70	0.02
Italy	National Nutrition Survey II	0.02	2.87	2.26	0.04
Latvia	Eating Study as a KIGGS Module (EsKiMo)	0.01	2.83	2.39	0.04
Netherlands	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.01	0.56	0.35	0.01
Spain	National Dietary Survey	0.01	2.37	1.59	0.03
Sweden	Dutch National food consumption survey 2007 - 2010	0.03	2.98	2.10	0.09
UK	Encuesta de nutrición 2005	0.01	1.72	1.25	0.04
	Food patterns of Spanish schoolchildren and adolescents	0.02	1.88	1.40	0.04
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.01	0.30	0.01	0.01
	National Food Administration	0.03	2.38	1.36	0.07
	National Diet and Nutrition Survey - Years 1-3	0.02	1.57	0.94	0.04
Min		0.01	0.30	0.01	0.01
Max		0.03	3.42	2.77	0.09

ADULTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.01	0.94	0.45	0.03
Belgium	Diet National 2004	0.01	2.22	1.84	0.03
Czech Republic	Czech National Food Consumption Survey	0.01	1.85	1.55	0.03
Denmark	Danish Dietary Survey	0.01	1.42	1.24	0.02
Finland	The Danish National Dietary survey 2005-2008	0.01	1.04	0.86	0.02
France	National FINDIET 2012 Survey	0.01	1.39	1.16	0.06
Germany	National Findiet Surveys	0.01	1.64	1.20	0.04
Hungary	Individual and national study on food consumption 2	0.01	0.86	0.60	0.03
Ireland	National Nutrition Survey II	0.01	2.07	1.73	0.04
Italy	National Repr Surv	0.00	0.98	0.76	0.02
Latvia	National Adult Nutrition Survey	0.01	1.88	1.46	0.17
Netherlands	North/South Ireland Food Consumption Survey	0.01	1.66	1.31	0.15
Romania	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.00	0.61	0.50	0.02
Spain	National Dietary Survey	0.01	1.71	1.24	0.02
Sweden	Dutch National Dietary Survey 2003	0.02	2.19	1.62	0.05
	Dutch National food consumption survey 2007 - 2010	0.01	1.80	1.30	0.05
	Dieta Pilot Adults	0.01	1.22	0.93	0.02
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.01	0.90	0.72	0.02
	Spanish Agency for Food Safety (AESAN) Survey	0.01	0.52	0.28	0.01
	Swedish National Dietary Survey - RIKS-MATEN 1997-98	0.01	1.52	1.12	0.03

N % Highest contributor (brand loyal)

202	51%	Fermented milk products
202	51%	Yoghurt, cow milk, with fruit
1064	72%	Soft drink, fruit content
524	80%	Soft drink, fruit content
0	0%	Insufficient consumers

N % Highest contributor (brand loyal)

103	43%	Soft drinks
238	41%	Soft drink, flavoured
108	36%	Soft drinks
150	50%	Soft drink, flavoured
441	92%	Soft drink, flavoured
345	92%	Soft drinks
81	26%	Soft drink, flavoured
345	92%	Soft drink, flavoured
81	26%	Soft drink, fruit content
177	18%	Soft drink, flavoured
76	31%	Ice cream, milk-based
112	25%	Soft drinks
763	67%	Soft drink, fruit content
93	14%	Soft drink, fruit content
60	29%	Soft drinks
0	0%	Insufficient consumers
557	55%	Soft drink, fruit content
482	72%	Soft drink, fruit content

Supplementary information C4. Intakes of anthocyanins from CFS use, with occurrence data

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
UK	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.01	1.24	0.79	0.03
	National Diet and Nutrition Survey	0.01	1.72	1.31	0.15
	National Diet and Nutrition Survey - Years 1-3	0.01	1.32	1.31	0.15
Min		0.00	0.52	0.28	0.01
Max		0.02	2.22	1.84	0.17

ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.01	0.43	0.01	0.01
	Diet National 2004	0.01	1.28	0.90	0.02
	Danish Dietary Survey	0.01	0.98	0.84	0.02
Denmark	The Danish National Dietary survey 2005-2008	0.00	0.64	0.49	0.02
	National FINDIET 2012 Survey	0.00	0.49	0.36	0.02
	National Findiet Surveys	0.01	0.96	0.73	0.03
Finland	Individual and national study on food consumption 2	0.01	0.36	0.18	0.01
	National Nutrition Survey II	0.01	1.37	1.06	0.02
	National Repr Surv	0.00	0.74	0.57	0.01
France	National Adult Nutrition Survey	0.01	0.76	0.51	0.01
	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.00	0.20	0.11	0.00
	Dutch National food consumption survey 2007 - 2010	0.01	0.56	0.13	0.01
Germany	Dutch National Food Consumption Surveys - Older Adults	0.01	0.78	0.41	0.02
	Dieta Pilot Adults	0.00	0.42	0.16	0.01
	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.01	0.56	0.18	0.01
Hungary	National Diet and Nutrition Survey - Years 1-3	0.01	0.47	0.14	0.01
		0.00	0.20	0.01	0.00
		0.01	1.37	1.06	0.03

VERY ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.01	0.52	0.01	0.01
	Diet National 2004	0.01	1.77	1.35	0.03
	Danish Dietary Survey	0.00	0.16	0.00	0.00
Denmark	The Danish National Dietary survey 2005-2008	0.00	0.17	0.00	0.00
	Individual and national study on food consumption 2	0.01	0.31	0.14	0.01
	National Nutrition Survey II	0.01	0.73	0.41	0.02
France	National Repr Surv	0.00	0.27	0.00	0.00
	National Adult Nutrition Survey	0.01	0.40	0.01	0.01
	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.00	0.19	0.11	0.00
Germany	Dutch National Food Consumption Surveys - Older Adults	0.01	0.85	0.43	0.03
	Dieta Pilot Adults	0.00	0.32	0.00	0.00
	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.01	0.62	0.20	0.01
Hungary	National Diet and Nutrition Survey - Years 1-3	0.01	0.56	0.17	0.01
		0.00	0.16	0.00	0.00
		0.01	1.77	1.35	0.03

N % Highest contributor (brand loyal)

337	24%	Soft drink, fruit content
94	5%	Cider
69	5%	Cider

N % Highest contributor (brand loyal)

0	0%	Insufficient consumers
84	16%	Soft drink, flavoured
94	30%	Soft drink, flavoured
127	46%	Soft drinks
80	17%	Yoghurt, cow milk, with fruit
221	54%	Porridge
88	33%	Quark
73	4%	Soft drink, flavoured
62	30%	Flavoured milk
68	46%	Porridge
69	24%	Cheese
129	75%	Pastries and cakes
72	25%	Ready to eat soups
70	84%	Cheese
184	62%	Prepared mixed vegetable salad
72	43%	Cereal flakes

N % Highest contributor (brand loyal)

0	0%	Insufficient consumers
109	15%	Soft drink, flavoured
0	0%	Insufficient consumers
0	0%	Insufficient consumers
65	77%	Pastries and cakes
75	15%	Ready to eat soups
0	0%	Insufficient consumers
0	0%	Insufficient consumers
66	29%	Pastries and cakes
128	28%	Ready to eat soups
0	0%	Insufficient consumers
63	88%	Pastries and cakes
99	71%	Pastries and cakes

0 Insufficient consumers
10% Less than 10% consumers

COMPREHENSIVE EUROPEAN DIETARY EXPOSURE MODEL

Anthocyanins		Total Occ	mg/kg bw/day			P95 consumers < 60 removed		
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Bulgaria	NUTRICHLID	0.01	0.68	0.50	0.04	70	8%	Pastries and cakes
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.04	2.18	1.73	0.24	278	34%	Yoghurt, cow milk, with fruit
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.02	0.79	0.59	0.06	378	76%	Cereal flakes
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.03	0.81	0.16	0.04	70	44%	Biscuits (cookies)
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.01	0.27	0.01	0.01	0	0%	Insufficient consumers
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.05	2.19	1.44	0.20	111	8%	Porridge
Min		0.01	0.27	0.01	0.01			
Max		0.05	2.19	1.73	0.24			
TODDLERS								
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Belgium	Regional Flanders	0.16	3.12	0.16	0.16	0	0%	Insufficient consumers
Bulgaria	NUTRICHLID	0.05	1.69	0.94	0.09	82	19%	Corn chips
Denmark	Danish National Dietary survey among infants and young children 2006-2007	0.08	2.49	1.56	0.24	510	56%	Yoghurt, cow milk, with fruit
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.07	2.95	2.19	0.31	229	46%	Yoghurt, cow milk, with fruit
Germany	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	0.07	2.28	1.98	0.28	229	46%	Yoghurt, cow milk, with fruit
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.13	7.43	6.32	0.33	240	69%	Soft drink, fruit content
Germany	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.06	1.88	1.14	0.19	69	26%	Yoghurt, cow milk, with fruit
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.05	0.59	0.05	0.05	0	0%	Insufficient consumers
Netherlands	DNFCS-Young-Children	0.18	5.05	3.49	0.53	149	46%	Fermented milk products
Spain	Food patterns of Spanish schoolchildren and adolescents	0.10	1.05	0.10	0.10	0	0%	Insufficient consumers
UK	Diet and Nutrition Survey of Infants and Young Children, 2011	0.09	3.49	2.00	0.22	145	11%	Porridge
	National Diet and Nutrition Survey - Years 1-3	0.10	3.49	2.13	0.00	125	68%	Soft drink, fruit content
Min		0.05	0.59	0.05	0.00			
Max		0.18	7.43	6.32	0.53			
OTHER CHILDREN								
Country	Survey	Population average	Total High Level Intake			N	%	Highest contributor (brand loyal)
			Method A	Method B	Method C			
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.07	1.76	0.58	0.10	100	78%	Pastries and cakes
Belgium	Regional Flanders	0.15	5.68	3.68	0.46	271	43%	Flavoured milk
Bulgaria	NUTRICHLID	0.06	3.51	2.62	0.15	84	19%	Soft drink, flavoured
Czech Republic	Czech National Food Consumption Survey	0.09	3.84	2.89	0.19	173	44%	Soft drink, flavoured
Denmark	Danish Dietary Survey	0.07	2.59	1.98	0.13	443	90%	Soft drink, flavoured
	The Danish National Dietary survey 2005-2008	0.06	2.05	1.40	0.14	288	97%	Soft drinks
Finland	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2001-2009	0.08	1.90	1.25	0.20	413	55%	Yoghurt, cow milk, with fruit
	Diabetes Prediction and Prevention Nutrition Study (DIPP) 2003 -2006	0.08	1.89	1.27	0.20	512	55%	Yoghurt, cow milk, with fruit
France	Individual and national study on food consumption 2	0.07	2.43	1.52	0.13	83	17%	Soft drink, flavoured
Germany	Consumption Survey of Food Intake among Infants and Young Children	0.13	5.41	4.29	0.25	230	78%	Soft drink, fruit content
	Dortmund Nutritional and Anthropometrical Longitudinally Designed (DONALD) Study 2006-2008	0.10	4.07	2.82	0.19	220	33%	Soft drink, fruit content
Greece	Eating Study as a KIGGS Module (EsKiMo)	0.06	3.59	2.72	0.16	307	37%	Soft drink, fruit content
Italy	Regional Crete	0.05	1.86	1.11	0.12	74	99%	Soft drinks
Latvia	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.03	0.69	0.33	0.05	131	68%	Pastries and cakes
Netherlands	National Dietary Survey	0.06	2.20	0.98	0.08	74	40%	Cereal flakes
	DNFCS-Young-Children	0.16	4.85	3.17	0.44	226	24%	Flavoured milk
	Dutch National food consumption survey 2007 - 2010	0.15	4.60	3.24	0.00	345	77%	Soft drink, fruit content

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Spain	Encuesta de nutrición 2005 Food patterns of Spanish schoolchildren and adolescents	0.07 0.09 0.14	1.77 2.06 3.86	1.00 1.22 2.16	0.00 0.00 0.00
Sweden	National Food Administration	0.09	2.89	1.78	0.00
UK	National Diet and Nutrition Survey - Years 1-3				
		Minimum: Maximum:	0.03 0.16	0.69 5.68	0.33 4.29
					0.46

ADOLESCENTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Children	0.04	1.84	1.16	0.09
Belgium	Diet National 2004	0.04	2.44	1.97	0.10
Cyprus	Childhealth	0.02	1.04	0.79	0.04
Czech Republic	Czech National Food Consumption Survey	0.06	3.42	2.79	0.15
Denmark	Danish Dietary Survey	0.05	2.22	1.82	0.10
Finland	The Danish National Dietary survey 2005-2008	0.03	1.38	1.03	0.07
France	Nutrition and wellbeing of secondary school pupils	0.04	1.04	0.74	0.08
Germany	Individual and national study on food consumption 2	0.03	1.14	0.72	0.06
Italy	National Nutrition Survey II	0.05	2.87	2.28	0.12
Latvia	Eating Study as a KIGGS Module (EsKiMo)	0.03	2.83	2.41	0.12
Netherlands	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.02	0.56	0.36	0.03
Spain	National Dietary Survey	0.04	2.37	1.61	0.09
Sweden	Dutch National food consumption survey 2007 - 2010	0.08	2.98	2.13	0.21
UK	Encuesta de nutrición 2005	0.03	1.72	1.27	0.09
	Food patterns of Spanish schoolchildren and adolescents	0.04	1.88	1.42	0.10
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.02	0.30	0.02	0.02
	National Food Administration	0.08	2.38	1.40	0.16
	National Diet and Nutrition Survey - Years 1-3	0.04	1.57	0.96	0.10
Min		0.02	0.30	0.02	0.02
Max		0.08	3.42	2.79	0.21

ADULTS

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.03	0.94	0.46	0.08
Belgium	Diet National 2004	0.03	2.22	1.85	0.09
Czech Republic	Czech National Food Consumption Survey	0.02	1.85	1.56	0.08
Denmark	Danish Dietary Survey	0.02	1.42	1.25	0.06
Finland	The Danish National Dietary survey 2005-2008	0.02	1.04	0.87	0.05
France	National FINDIET 2012 Survey	0.02	1.39	1.17	0.24
Germany	National Findiet Surveys	0.03	1.64	1.22	0.10
Hungary	Individual and national study on food consumption 2	0.02	0.86	0.61	0.12
Ireland	National Nutrition Survey II	0.02	2.07	1.74	0.17
Italy	National Repr Surv	0.01	0.98	0.77	0.05
Latvia	National Adult Nutrition Survey	0.03	1.88	1.47	0.76
Netherlands	North/South Ireland Food Consumption Survey	0.03	1.66	1.32	0.68
Romania	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.01	0.61	0.50	0.04
Spain	National Dietary Survey	0.02	1.71	1.25	0.07
Sweden	Dutch National Dietary Survey 2003	0.04	2.19	1.64	0.13
	Dutch National food consumption survey 2007 - 2010	0.04	1.80	1.32	0.11
	Dieta Pilot Adults	0.02	1.22	0.94	0.05
	Spanish Agency for Food Safety (AESAN) - FIAB Survey	0.01	0.90	0.73	0.05
	Spanish Agency for Food Safety (AESAN) Survey	0.02	0.52	0.29	0.03
	Swedish National Dietary Survey - RIKS-MATEN 1997-98	0.03	1.52	1.13	0.06

N % Highest contributor (brand loyal)

202	51%	Fermented milk products
202	51%	Yoghurt, cow milk, with fruit
1064	72%	Soft drink, fruit content
524	80%	Soft drink, fruit content
0	0%	Insufficient consumers
103	43%	Soft drinks
238	41%	Soft drink, flavoured
108	36%	Soft drinks
150	50%	Soft drink, flavoured
441	92%	Soft drink, flavoured
345	92%	Soft drinks
81	26%	Soft drink, flavoured
345	92%	Soft drink, flavoured
81	26%	Soft drink, fruit content
177	18%	Soft drink, flavoured
76	31%	Ice cream, milk-based
112	25%	Soft drinks
763	67%	Soft drink, fruit content
93	14%	Soft drink, fruit content
60	29%	Soft drinks
0	0%	Insufficient consumers
557	55%	Soft drink, fruit content
482	72%	Soft drink, fruit content

N % Highest contributor (brand loyal)

88	29%	Fermented milk products
354	27%	Soft drink, flavoured
358	21%	Soft drink, flavoured
1824	65%	Soft drink, flavoured
1297	75%	Soft drinks
61	4%	Soft drink, fruit content
60	5%	Soft drink, fruit content
261	11%	Soft drink, flavoured
875	8%	Soft drink, flavoured
269	25%	Soft drink, flavoured
78	6%	Cider
61	6%	Cider
115	5%	Soft drink, fruit content
109	9%	Soft drinks
318	42%	Soft drink, fruit content
651	32%	Soft drink, fruit content
270	22%	Soft drink, flavoured
101	10%	Soft drink, flavoured
60	15%	Ice cream, milk-based
774	64%	Soft drink, flavoured

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
UK	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.03	1.24	0.80	0.13
	National Diet and Nutrition Survey	0.03	1.72	1.33	0.69
	National Diet and Nutrition Survey - Years 1-3	0.03	1.35	1.32	0.68
Min			0.01	0.52	0.29
Max			0.04	2.22	1.85

N % Highest contributor (brand loyal)

337	24%	Soft drink, fruit content
94	5%	Cider
69	5%	Cider

ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.03	0.43	0.03	0.03
Belgium	Diet National 2004	0.02	1.28	0.91	0.06
Denmark	Danish Dietary Survey	0.01	0.98	0.84	0.05
Finland	The Danish National Dietary survey 2005-2008	0.01	0.64	0.49	0.04
	National FINDIET 2012 Survey	0.01	0.49	0.36	0.05
	National Findiet Surveys	0.02	0.96	0.74	0.07
France	Individual and national study on food consumption 2	0.02	0.36	0.19	0.03
Germany	National Nutrition Survey II	0.02	1.37	1.08	0.06
Hungary	National Repr Surv	0.01	0.74	0.58	0.02
Ireland	National Adult Nutrition Survey	0.02	0.76	0.52	0.03
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.01	0.20	0.12	0.01
Netherlands	Dutch National food consumption survey 2007 - 2010	0.03	0.56	0.14	0.03
	Dutch National Food Consumption Surveys - Older Adults	0.02	0.78	0.42	0.05
Romania	Dieta Pilot Adults	0.01	0.42	0.17	0.02
Sweden	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.02	0.56	0.19	0.03
UK	National Diet and Nutrition Survey - Years 1-3	0.02	0.47	0.15	0.03
Min			0.01	0.20	0.03
Max			0.03	1.37	0.07

N % Highest contributor (brand loyal)

0	0%	Insufficient consumers
84	16%	Soft drink, flavoured
94	30%	Soft drink, flavoured
127	46%	Soft drinks
80	17%	Yoghurt, cow milk, with fruit
221	54%	Porridge
88	33%	Quark
73	4%	Soft drink, flavoured
62	30%	Flavoured milk
68	46%	Porridge
69	24%	Cheese
129	75%	Pastries and cakes
72	25%	Ready to eat soups
70	84%	Cheese
184	62%	Prepared mixed vegetable salad
72	43%	Cereal flakes

VERY ELDERLY

Country	Survey	Population average	Total High Level Intake		
			Method A	Method B	Method C
Austria	Austrian Study on Nutritional Status 2010-12 - Adults	0.03	0.52	0.03	0.03
Belgium	Diet National 2004	0.02	1.77	1.37	0.07
Denmark	Danish Dietary Survey	0.01	0.16	0.01	0.01
Finland	The Danish National Dietary survey 2005-2008	0.01	0.17	0.01	0.01
France	Individual and national study on food consumption 2	0.02	0.31	0.14	0.02
Germany	National Nutrition Survey II	0.02	0.73	0.42	0.05
Hungary	National Repr Surv	0.01	0.27	0.01	0.01
Ireland	National Adult Nutrition Survey	0.02	0.40	0.02	0.02
Italy	Italian National Food Consumption Survey INRAN-SCAI 2005-06	0.01	0.19	0.11	0.01
Netherlands	Dutch National Food Consumption Surveys - Older Adults	0.03	0.85	0.45	0.06
Romania	Dieta Pilot Adults	0.01	0.32	0.01	0.01
Sweden	Swedish National Dietary Survey - Riksmaten adults 2010-11	0.02	0.62	0.21	0.03
UK	National Diet and Nutrition Survey - Years 1-3	0.02	0.56	0.18	0.03
Min			0.01	0.16	0.01
Max			0.03	1.77	0.07

N % Highest contributor (brand loyal)

0	0%	Insufficient consumers
109	15%	Soft drink, flavoured
0	0%	Insufficient consumers
0	0%	Insufficient consumers
65	77%	Pastries and cakes
75	15%	Ready to eat soups
0	0%	Insufficient consumers
0	0%	Insufficient consumers
66	29%	Pastries and cakes
128	28%	Ready to eat soups
0	0%	Insufficient consumers
63	88%	Pastries and cakes
99	71%	Pastries and cakes

0 Insufficient consumers
10% Less than 10% consumers