

A Clinical Carepath for Obese Pregnant Women: A Pragmatic Pilot Cluster Randomized Controlled Trial

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Supplementary Information 5. Care provider views of a carepath for obese pregnant women in cluster pilot randomized controlled trial

Questionnaire statements¹		Number
Would or strongly would recommend this carepath to a colleague (acceptability)		5
Very or somewhat easy to use the carepath in every day practice (feasibility)		5
Women are much or moderately more likely to receive the appropriate care with the carepath (usefulness)		5
Barriers²		
None		3
Lack of time to implement the carepath		3
Office staff turnover		2
Other staffing issues		0
Shared care		2
Carepath recommendations are unclear/confusing		0
Carepath recommendations are impractical		0
Carepath recommendations are too complex		0
Lack of familiarity with the Society of Obstetricians and Gynecologists of Canada (SOGC) obesity guidelines on which the carepath was based		0
Lack of belief that implementing the carepath would make a difference		0
Prefer not to change my practice		0
Women may not want to follow the carepath recommendations		1
Lack of consultant resources		1
Lack of educational materials for women		0
Other ³		2
Facilitators¹		
None		0
The carepath was based on SOGC obesity guidelines		2
Motivation to improve clinical care for obese pregnant women		5
The layout of the carepath		4
Adequate time to implement the carepath		2
Available resources for prevention		1
Layout of the carepath on the front page		5
Use of checkboxes on the front page		5
Sleep apnea screen		4
Tables of reference ranges for increased risk		5
Provides all the information needed to deliver high-quality care		5
Identifies all obstetrical issues that should be documented in the care of obese women		5
Decreases workload		1
Decreases variation in care of obese pregnant women		4
Decreases uncertainty in management of obese pregnant women		4
Increases my knowledge of clinical care of obese pregnant women		5
Increases obese pregnant women's knowledge of risks		5
Does not require more training to implement		3
Other		0
Usefulness of reverse side of carepath with reference information¹		
Tables for glucose challenge and oral glucose tolerance tests (GCT/OGTT) are useful		3
Tables of risk increase are useful		5
Body mass index chart is useful		3
Screen for obstructive sleep apnea is useful		4

SOGC: Society of Obstetricians and Gynecologists of Canada; GCT: glucose challenge test; OGTT: oral glucose tolerance test

¹Denominator is out of number of health care providers who used the clinical carepath in the majority of obese pregnant women (5)

²Denominator is out of number of health care providers who completed the survey (8)

³Other barriers included (1) forgetting to include it in the patient's chart, and (2) wanting to counsel women about obesity in a nice way