

S 3 Baseline characteristics of normal BMD and low BMD participants (N = 150)

	Normal BMD (n=41)	Low BMD (n =109)
Age (years) ^a	57.37 \pm 6.34	61.19 \pm 6.64*
BMI (kg/m ²) ^a	26.52 \pm 3.82	24.54 \pm 3.45*
Age of menopause (years) ^a	49.15 \pm 2.96	49.39 \pm 3.96
Year since menopause (years) ^a	8.22 \pm 6.70	11.80 \pm 7.54*

a = Independent Samples T-test, Data are presented as mean \pm S.D.

* The difference is significant because the p-value is < 0.05.