**Table S5** Dietary calcium intake among included studies

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Author** | **Country** | **Method** | **Time** | **Personnel** | **Median** **daily calcium intake, mg/day (calcium/control)\*** |
| Samimi32 2015 | Iran | 3-day food records | throughout the study | nutritional status | 1127.9±195.9/  1152.9±183.2 |
| Kumar16 2009 | India | 24-hours recall | NA | NA | 314.83±201.87/  312.84±204.63 |
| Crowther38 1999 | Australia | a 25-item modified food frequency questionnaire | at trial entry and at 28 and 36 weeks’ gestation | NA | 1144 (35-4171)/  1268 (10-3768) |
| Lopez47 1997 | Ecuador | 24-hour dietary-recall | at 20th and 38th week of gestation | NA | 628±302/  605±421 |
| Levine40 1997 | America | 24-hour dietary-recall | at enrollment | trained dietician or research nurse | 1113±691/  1135±675 |
| Purwar48 1996 | India | 24-hour dietary-recall | at 20 weeks of gestation | NA | 336 ±156/  352± 142 |
| Sanchez39 1994 | America | NA | weekly | certified dietician | 630.2±217.4/  666.1±225.6 |
| Belizan41 1991 | Argentina | 24-hour dietary-recall | during the first four months of the study | NA | 646±396/  642±396 |
| Villar5 1990 | America | 24-hour recall | throughout pregnancy (three times) | senior nutritionist | 1201±521/  1248±610 |
| Li31 2000 | China | food frequency questionnaire | NA | NA | 505.32± 189.36 |
| Villar52 1987 | Argentina | the 24-hours recall | throughout pregnancy (two times) | NA | NA |

\*Values either mean ±SD or (range).

\* NA: unclear