

Supplementary Figure 1. Effect of EPA intervention on IL-6 concentration



Supplementary Figure 2. Effect of EPA intervention on TNF-α concentration



Supplementary Figure 3. Effect of DHA intervention on IL-6 concentration



Supplementary Figure 4. Effect of EPA intervention on TNF-α concentration



Supplementary Figure 5. Sensitivity analysis of EPA intervention on SBP



Supplementary Figure 6. Sensitivity analysis of EPA intervention on DBP



Supplementary Figure 7. Sensitivity analysis of EPA intervention on CRP concentration



Supplementary Figure 8. Sensitivity analysis of EPA intervention on TNF-α concentration

Supplementary Figure 9. Sensitivity analysis of EPA intervention on IL-6 concentration



Supplementary Figure 10. Sensitivity analysis of DHA intervention on SBP

Supplementary Figure 11. Sensitivity analysis of DHA intervention on DBP 

Supplementary Figure 12. Sensitivity analysis of DHA intervention on CRP concentration



Supplementary Figure 13. Sensitivity analysis of DHA intervention on TNF-α concentration



Supplementary Figure 14. Sensitivity analysis of DHA intervention on IL-6 concentration

Search strategy of the present study

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| 1. eicosapentaenoic acid |
| 2. EPA |
| 3. docosahexaenoic acid |
| 4. DHA |
| 5. (1 OR 2 OR 3 OR 4 OR) |
| 6. blood pressure |
| 7. BP |
| 8. systolic blood pressure |
| 9. SBP |
| 10. diastolic blood pressure |
| 11. DBP |
| 12. C-reactive protein |
| 13. CRP |
| 14. interleukin 6 |
| 15. IL-6 |
| 16. tumor necrosis factor alpha |
| 17. TNF-α |
| 18. interleukin |
| 19. inflammation |
| 20. (6 OR 7 OR 8 OR 9 OR 10 OR 11 OR 12 OR 12 OR 13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR) |
| 21. 5 and 20 |