SUPPLEMENTARY MATERIAL

Secondary metabolites from the aerial parts of *Sideritis germanicopolitana* and their *in vitro* enzyme inhibitory activities

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ABSTRACT

Three iridoid glycosides, 5-allosyloxy-aucubine (1), melittoside (2), ajugol (3), five phenylethanoid glycosides, verbascoside (4), martynoside (5), leucoseptoside A (6), lamalboside (7), decaffeoylverbascoside (8), four flavonoids, xanthomicrol (9), isoscutellarein 7-O-[6^{III-O-acetyl- β -allopyranosyl-(1 \rightarrow 2)]- β -glucopyranoside (10), 4'-O-methylisoscutellarein 7-O-[6^{III-O-acetyl- β -allopyranosyl-(1 \rightarrow 2)]- β -glucopyranoside (11), 3'-hydroxy-4'-O-methylisoscutellarein 7-O-[6^{III-O-acetyl- β -allopyranosyl-(1 \rightarrow 2)]- β -glucopyranoside (12), and two lignan glycosides dehydrodiconiferylalcohol 4-O- β -D-glucopyranose (13) and pinoresinol 4'-O- β -glucopyranoside (14) were isolated from the aerial parts of *Sideritis germanicopolitana*. Their structures were determined on the basis of detailed NMR and HRESIMS analyses. To our knowledge, all compounds are being reported for the first time from *S. germanicopolitana*, while the isolated lignans (13 and 14) are new for the genus *Sideritis. In vitro* evaluation of AChE, BChE and LOX inhibitory effects of all the tested compounds (1-14) resulted in low to moderate activities.}}}

KEYWORDS: *Sideritis germanicopolitana;* secondary metabolites, iridoid glycosides; phenolic compounds; AChE and BChE inhibitory activities

1.1. General

NMR spectra were recorded in CD₃OD and CDCl₃ on a Bruker Avance DRX 500 spectrometer at 500 MHz for ¹H and 125 MHz for ¹³C. HRESIMS data were recorded on a Thermo Scientific Q-Exactive Plus Orbitrap mass spectrometer equipped with ESI ion source in positive ionization mode. Fractions were monitored by TLC analyses on silica gel 60 F_{254} precoated plates (Merck, Darmstadt, Germany), and spots were visualized under UV light (254/366 nm) or by spraying with 1% vanillin/H₂SO₄ followed by heating at 100 °C. For Medium-Pressure Liquid Chromatographic (MPLC) separations, Sepacore® Flash Systems X10/X50 (Buchi Labortechnik AG, Flawil, Switzerland) system was used with Redi sep columns (LiChroprep C₁₈: 130, 100 and 30 g; SiO₂: 12 and 24 g, Teledyne Isco). Column chromatography (CC) was performed with Polyamide (Sigma–Aldrich, St. Louis, MO, USA), and Sephadex LH-20 gel (Sigma–Aldrich, St. Louis, MO, USA).

1.2. Plant material

The aerial parts of *Sideritis germanicopolitana* were collected from Sarıcakaya, Eskişehir (Turkey) in July 2017. The plants were identified by one of us. Voucher specimen (YEF 17011) has been deposited at the Herbarium of the Department of Pharmacognosy, Faculty of Pharmacy, Yeditepe University, İstanbul, Turkey.

1.3. Extraction, isolation and structure elucidation

The air-dried and powdered aerial parts of *S. germanicopolitana* (200 g) were extracted twice with MeOH (2 L) at 45 °C for four h. (Scheme 1) The pooled MeOH extract was evaporated to dryness (43 g, yield: 21.5 %). The crude MeOH extract was dispersed in 150 mL of MeOH (25%) and partitioned with *n*-hexane (3 x 150 mL) to get rid of lipids and chlorophylls. Then MeOH was removed from the aqueous layer and final volume was

adjusted to 150 mL with H₂O. This extract was further partitioned against chloroform (CHCl₃) (3x150 mL) to obtain CHCl₃ (1.029 g) and the remaining H₂O (31.56 g) subextracts. The H₂O subextract was fractionated over polyamide CC (100 g) eluted with H₂O/MeOH mixtures in different ratios (0-100 % MeOH, in steps of 20% MeOH) to give seven fractions, frs. A-G. Fr. B (7.5 g) was subjected to C_{18} -MPLC (130 g) eluting with MeOH (0 to 100%) to give seven fractions, B_1 - B_7 as well as compound 12 (9 mg). Fraction B₂ (54 mg) was separated by SiO₂-MPLC (12 g) eluting with CH₂Cl₂-MeOH (90:10 to 60:40) to give compounds 1 (2 mg) and 2 (2 mg) together with three fractions, B_{2a} - B_{2c} . Fraction B_{2b} (20 mg) was separated by Sephadex LH-20 CC (20 g, MeOH) to give compounds 3 (5 mg) and 8 (2 mg). Fr. B_4 (34 mg) was subjected to SiO₂-MPLC (12 g) eluted with CH₂Cl₂-MeOH mixtures (100:0 to 70:30) to give compounds 13 (4 mg) and 7 (4 mg). Fr. C (1.5 g) was subjected to C₁₈-MPLC (130 g) eluting with stepwise gradient (10-100% MeOH) to obtain fractions C₁₋₁₄. Purification of C₇ (206 mg) by SiO₂ (24 g) MPLC and eluted with CH₂Cl₂-MeOH gradient (95:5 to 70:30) yielded compound 14 (7 mg). Fraction D (1.26 g) was separated by C_{18} -MPLC (100 g) eluted with MeOH (20 to 100%) to give three fractions, D₁-D₃. Fraction D₂ (40 mg) was applied to a Sephadex LH-20 column (20 g) eluted with MeOH to give compound 4 (10 mg). Fraction D_3 (955 mg) was separated by C₁₈-MPLC (130 g) eluted with MeOH (30 to 100%) to give seven fractions, frs. D_{3a} - D_{3g} . Fraction D_{3e} (49 mg) was separated by SiO₂-MPLC (12 g) eluted with CH₂Cl₂-MeOH mixture (90:10 to 60:40) to give compound 6 (12 mg). Purification of fr. D_{3f} (95 mg) by Sephadex LH-20 (20 g, MeOH) yielded compound 5 (12 mg). Fr. F was applied to C₁₈-MPLC (130 g, 20-100% MeOH) to yield compound fr. F_{1-13} . Purification of fr. F_{10} (24 mg) by Sephadex LH-20 CC (6 g, MeOH) gave compound 11 (4 mg). Fr. G (374 mg) was separated by 35 g Sephadex LH-20 CC eluted with MeOH to give fr. G₂ (185 mg) which was further applied to C_{18} -MPLC (30 g) eluting with MeOH (10-100%) to obtain 5 fraction, G_{2a}-G_{2e}. Fr. G_{2d} (43 mg) was separated by Sephadex LH-20 CC (20 g, MeOH) to give compound **10** (8 mg). The CHCl₃ subextract (1 g) was loaded onto a Sephadex LH-20 (95 g, MeOH) column to give four main fractions, frs.1-4. Rechromatography of fr. 3 (111 mg) by SiO₂-MPLC (24 g) using the gradient mixture of *n*-hexane-EtOAc (90:10 \rightarrow 50:50) yielded compound **9** (6 mg).

The structures of the isolates were identified as 5-allosyloxy-aucubine (1), melittoside (2) (Serrilli et al. 2006), ajugol (3) (Elusiyan et al. 2011), verbascoside (4), martynoside (5) (Ersöz et al. 2002), leucoseptoside A (6), lamalboside (7) (Budzianowski and Skrzypczak 1995), decaffeoylverbascoside (8) (Ersöz et al. 2002), xanthomicrol (9) (Jahaniani et al. 2005), isoscutellarein 7-O-[6'''-O-acetyl- β -allopyranosyl-(1 \rightarrow 2)]- β -4'-*O*-methylisoscutellarein 7-*O*-[6'''-*O*-acetyl-β-allopyranosylglucopyranoside (10). $(1\rightarrow 2)$]- β -glucopyranoside (11), 3'-hydroxy-4'-O-methylisoscutellarein 7-O-[6'''-O-acetyl- β allopyranosyl- $(1 \rightarrow 2)$]- β -glucopyranoside (12)(Kırmızıbekmez al. 2012) et dehydrodiconiferylalcohol 4-*O*-β-D-glucopyranose (**13**) (Changzeng and Zhongjian 1997) and pinoresinol 4'-O-B-glucopyranoside (14) (Mai et al. 2017) by comparing their spectroscopic data with those published previously.

1.4. LOX inhibition assays

The inhibitory activities of the isolates (1-14) on lipoxygenase (1.13.11.12, Type I-B, 7.9 Unit/mg) enzyme activity was performed spectrophotometrically on a 96-well quartz plate according to previous work (Tappel 1962; Baylac and Racine 2003) 1.94 mL of potassium phosphate buffer (100 mM; pH: 8.80), 40 μ L test substances and 20 μ L lipoxygenase enzyme were incubated for 10 min. at 25°C. 300 μ L of this mixture was added to each well. The reaction was then initiated by the addition of 7.5 μ L linoleic acid solution, the change of absorbance at 243 nm was followed for 10 min. The experiments were carried out in 4

replicates, and the results are given in Table S1 as percent inhibition (%). Nordihydroguaiaretic acid (NDGA) was used as a positive control.

% Inhibition = $(E - S) / E \times 100$

E: the absorbance of the enzyme without sample.

S: the absorbance of the enzyme with the test sample.

1.5. AChE and BuChE inhibitory assays

AChE and BuChE inhibitor activity were measured by using the method of Ellman et al. and Dohi et al. with minor modifications (Ellman et al. 1961; Dohi et al. 2009) Before the starting of test procedure, all solutions are carried out to 25° C. For this reason, 140 µL phosphate buffer (pH: 8.0), 20 µL calibrated concentration of samples, and 20 µL enzyme solutions (prepared in %1 gelatin AChE/BChE) were prepared at 96 micro-well plate. The first test solution was prepared by including 70 µL phosphate buffer, 20 µL enzyme solution and 20 µL of DTNB and the second solution were prepared by including 70 µL phosphate buffer and 10 µL ATC/BTC solution. Initially, first test solution and inhibitor compound solutions with different concentrations were added to wells. Then, mixture was incubated at 25°C for 15 minutes. After incubation, second solution added to be 80 µL to each plate. After the adding second solution, 30 seconds of fast mixing process carried out. Then, the first absorbance was measured at 412 nm. Microplates left 5 min. to maintain reaction and at the end of this time, second absorbance was measured. Taking the differences between two absorbance, inhibition ratio was calculated according to below formula.

% Inhibiton=([(A(C)-A(B))-(A(I)-A(B))])/((A(C)-A(B))) x 100

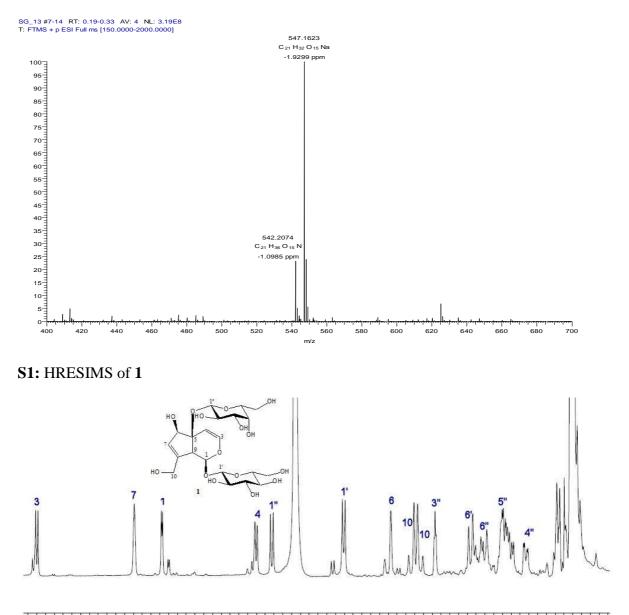
A(B): Absorbance reading differences belonging to Blank wells A(C): Absorbance reading differences belonging to Control wells A(I): Absorbance reading differences belonging to Inhibitor substances

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	AChE	BChE	LOX
Compounds	Inhibition (%) ^a (250 μg/mL)	Inhibition (%) ^a (250 μg/mL)	Inhibition (%) ^a (5 µg/mL)
2	24.63±0.44	12.75±0.40	NA
3	21.29±0.48	10.51±0.32	13,32±1,93
4	25.18±0.62	13.11±0.51	NA
5	20.75±0.50	12.08±0.33	NA
6	21.30±0.71	11.50±0.48	4,87±3,60
7	21.37±0.69	16.92±0.48	8,69±2,57
8	18.35±0.53	11.05±0.25	5,05±2,31
9	19.47±0.66	11.36±0.36	4,77±0,64
10	18.47 ± 0.41	12.91±0.39	NA
11	27.90±0.68	16.32±0.29	9,41±4,63
12	22.79±0.78	19.41±0.63	NA
13	24.32±0.57	14.28 ± 0.41	6,02±4,46
14	20.17±0.44	11.02±0.35	8,87±3,86
Donepezil ^b	98.25±0.93	79.41±0.83	
(250 µg/mL)			
Tacrine ^b	97.69±1.02	98.58±0.99	
(250 µg/mL)			
Galantamine ^b	84.26±0.86	63.95±1.06	
(250 µg/mL)	07.20-0.00		
NDGA ^b			98,14±0,28
(12 µg/mL)			70,1 <u>+</u> _0,20
Data avaraged as	man \downarrow SD $(n - 4)$ ^b Dooit	ive controls NA. Not estive	

Table S1. LOX, AChE and BChE inhibitory activities of the isolates (1-14).

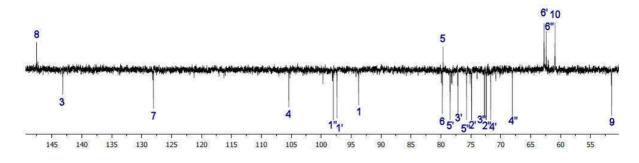
^aData expressed as mean \pm SD (n = 4). ^bPositive controls. NA: Not active

Spectra	Page
S1: HR-ESI-MS of 1	9
S2: ¹ H-NMR (500 MHz, CD_3OD) Spectrum of 1	9
S3: APT- ¹³ C-NMR (125 MHz, CD ₃ OD) Spectrum of 1	9
S4: HR-ESI-MS of 2	10
S5: ¹ H-NMR (500 MHz, CD_3OD) Spectrum of 2	10
S6: ¹ H-NMR (500 MHz, CD_3OD) Spectrum of 3	10
S7: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 4	11
S8: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 5	11
S9: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 6	11
S10: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 7	12
S11: APT- ¹³ C-NMR (125 MHz, CD ₃ OD) Spectrum of 7	12
S12: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 8	12
S13: HMBC Spectrum of 9	13
S14: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 10	13
S15: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 11	14
S16: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 12	14
S17: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 13	14
S18: HMBC Spectrum of 13	15
S19: ¹ H-NMR (500 MHz, CD ₃ OD) Spectrum of 14	15

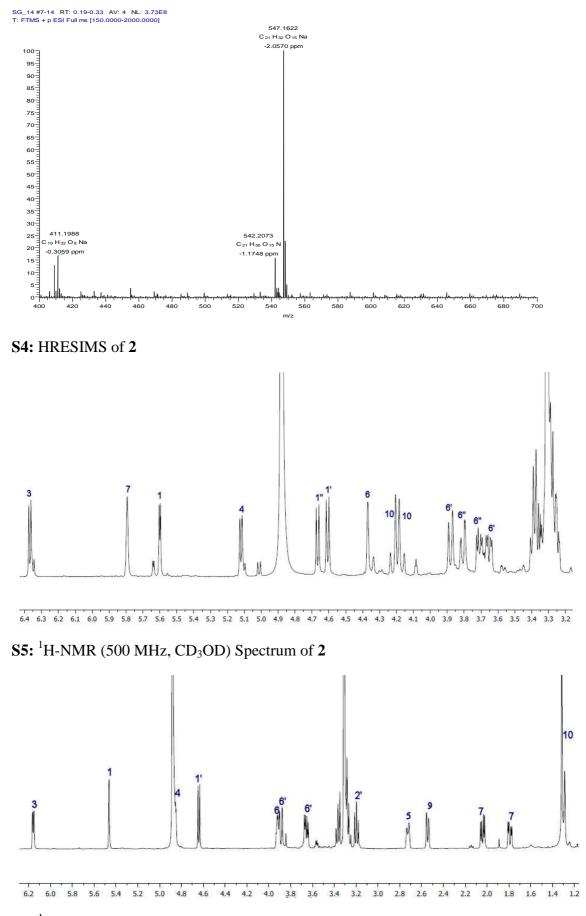


6.4 6.3 6.2 6.1 6.0 5.9 5.8 5.7 5.6 5.5 5.4 5.3 5.2 5.1 5.0 4.9 4.8 4.7 4.6 4.5 4.4 4.3 4.2 4.1 4.0 3.9 3.8 3.7 3.6 3.5 3.4 3.3 3.2 3.1

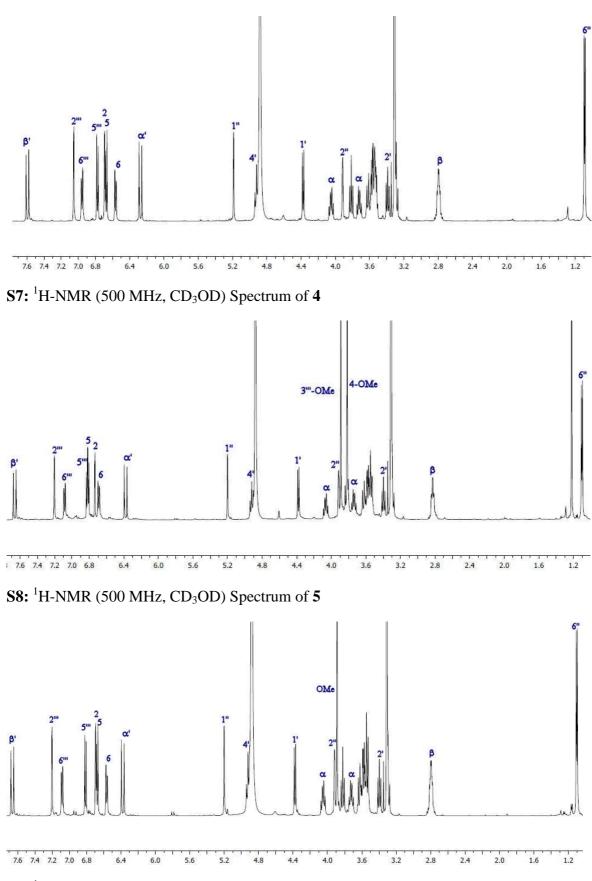
S2: ¹H-NMR (500 MHz, CD₃OD) Spectrum of **1**



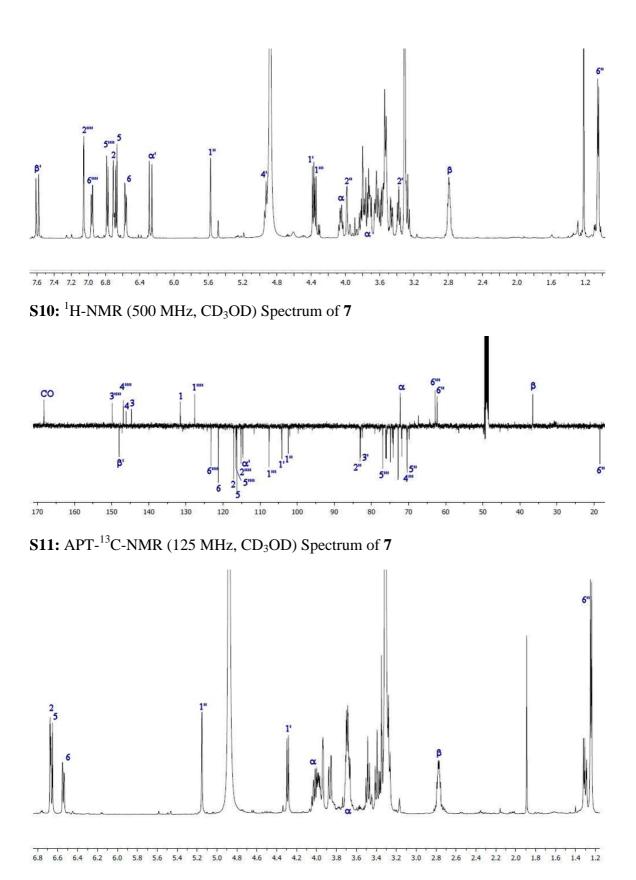
S3: APT-¹³C-NMR (125 MHz, CD₃OD) Spectrum of **1**



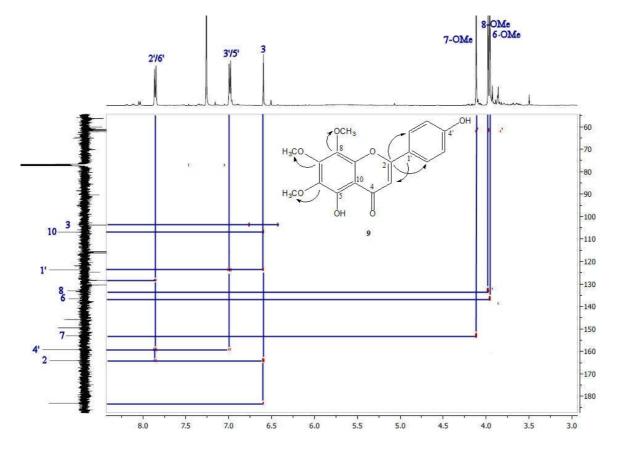
S6: ¹H-NMR (500 MHz, CD₃OD) Spectrum of **3**



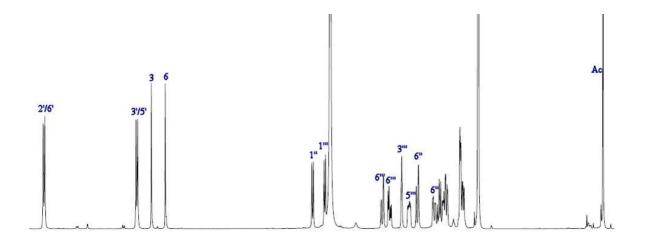
S9: ¹H-NMR (500 MHz, CD₃OD) Spectrum of 6



S12: ¹H-NMR (500 MHz, CD₃OD) Spectrum of **8**

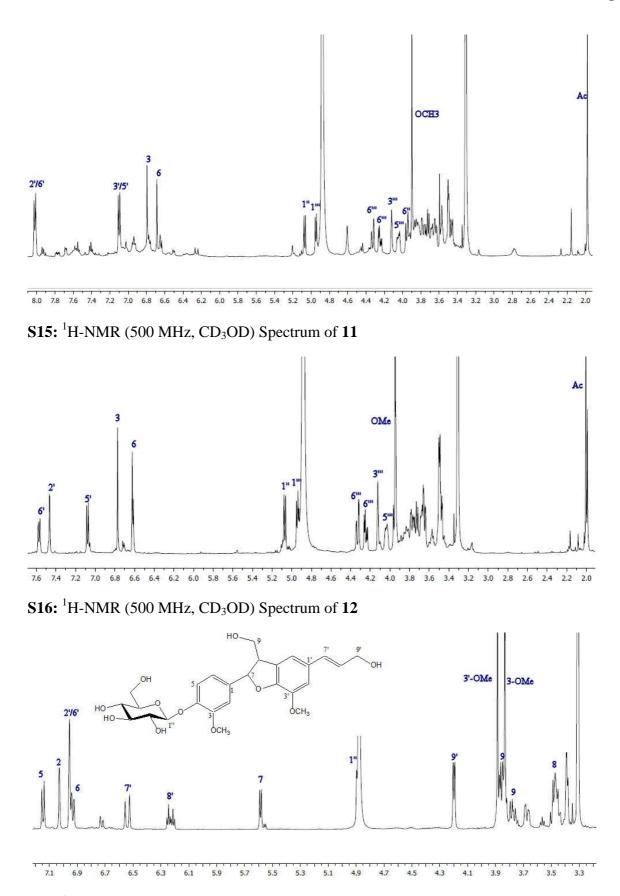


S13: HMBC Spectrum of **9**

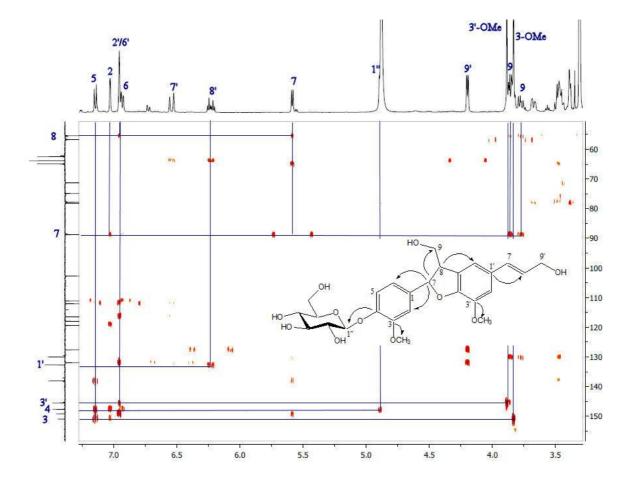


8.0 7.8 7.6 7.4 7.2 7.0 6.8 6.6 6.4 6.2 6.0 5.8 5.6 5.4 5.2 5.0 4.8 4.6 4.4 4.2 4.0 3.8 3.6 3.4 3.2 3.0 2.8 2.6 2.4 2.2 2.0

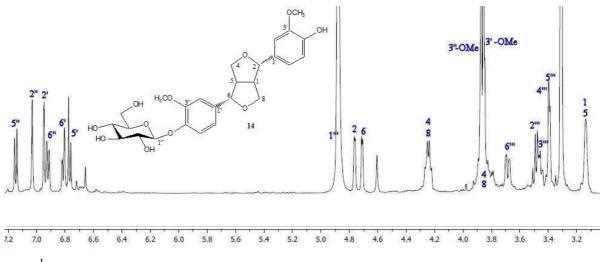
S14: ¹H-NMR (500 MHz, CD₃OD) Spectrum of 10



S17: ¹H-NMR (500 MHz, CD₃OD) Spectrum of 13



S18: HMBC Spectrum of **13**



S19: ¹H-NMR (500 MHz, CD₃OD) Spectrum of **14**

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