Table A. Regression Analyses Without Interaction Terms

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| --- | --- | --- | --- | --- |
|  | Student Sample 1 (*n* = 335) | Student Sample 2 (*n* = 265) | Clinical Sample 1 (*ns* = 159 ~ 160) | Clinical Sample 2 (*n* = 153) |
| **Outcome: Dysphoria** |  |  |  |  |
| Emotional Clarity | -.14\* [-.24, -.04] | -.33\*\*\* [-.43, -.22] | -.38\*\*\* [-.49, -.26] | -.26\*\*\* [-.40, -.13] |
| Emotional Clarity2 | **.10\*** [.01, .20] | -.03 [-.10, .05] | **.12\*** [.01, .23] | .01 [-.11, .13] |
| Neuroticism/NA | .54\*\*\* [.45, .62] | .45\*\*\* [.34, .56] | .41\*\*\* [.30, .52] | .51\*\*\* [.41, .61] |
| Model *R*2 (SE) | .38 (.04)\*\*\* | .39 (.05)\*\*\* | .48 (.06)\*\*\* | .41 (.06)\*\*\* |
| **Outcome: Social Anxiety** |  |  |  |  |
| Emotional Clarity | -.22\*\* [-0.35, -.09] | -.28\*\*\* [-.39, -.17] | -.30\*\*\* [-.46, -.14] | -.31\*\*\* [-.46, -.16] |
| Emotional Clarity2 | .10† [-.01, .21] | -.08† [-.17, .004] | .05 [-.09, .19] | -.09 [-.28, .10] |
| Neuroticism/NA | .31\*\*\* [.19, .42] | .33\*\*\* [.20, .46] | .33\*\*\* [.19, .47] | .31\*\*\* [.17, .44] |
| Model *R*2 (SE) | .21 (.04)\*\*\* | .24 (.05)\*\*\* | .30 (.06)\*\*\* | .23 (.06)\*\*\* |
| **Outcome: Panic** |  |  |  |  |
| Emotional Clarity | -.10 [-.23, .02] | -.27\*\*\* [-.38, -.15] | -.42\*\*\* [-.54, -.30] | -.20\* [-.35, -.05] |
| Emotional Clarity2 | .07 [-.04, .18] | **-.09\*** [-.17, -.01] | **.23\*\*\*** [.11, .35] | -.02 [-.18, .14] |
| Neuroticism/NA | .28\*\*\* [.16, .40] | .35\*\*\* [.22, .47] | .19\*\* [.07, .32] | .30\*\* [.16, .45] |
| Model *R*2 (SE) | .12 (.03)\*\*\* | .25 (.04)\*\*\* | .38 (.07)\*\*\* | .16 (.05)\*\* |
| **Outcome:** **Traumatic Intrusions** |  |  |  |  |
| Emotional Clarity | -.17\*\* [-.29, -.05] | -.31\*\*\* [-.43, -.19] | -.37\*\*\* [-.50, -.23] | -.17\* [-.34, -.000] |
| Emotional Clarity2 | .003 [-.10, .11] | .10 [-.03, .22] | .07 [-.05, .19] | -.07 [-.25, .12] |
| Neuroticism/NA | .37\*\*\* [.25, .48] | .32\*\*\* [.20, .44] | .23\*\*\* [.11, .36] | .28\*\*\* [.14, .42] |
| Model *R*2 (SE) | .22 (.04)\*\*\* | .28 (.05)\*\*\* | .28 (.07)\*\*\* | .13 (.05)\* |

*Note*. NA = negative affect; Standardized estimates are presented with 95% confidence intervals in brackets.

† *p* < .07., \* *p* < .05., \*\* *p* < .01., \*\*\* *p* < .001.