**Annex 1. The translation of the questionnaire (original version in Romanian)**

**Q1. Sex**

* Male
* Female

**Q2. Age**

* 18-20
* 21-23
* 24-26
* >26 years old

**Q3. What study program do you attend at the university?**

**Q4. What year are you currently in at university?**

**Q5. Do you suffer from any ophthalmological disease?**

* No
* Yes (please specify)

**Q6. Do you suffer from any chronical disease?**

* No
* Yes (please specify)

**Q7. Do you have any family history of chronic diseases?**

* Eye diseases
* Respiratory diseases
* Cardiovascular diseases
* Metabolic diseases
* Cancer history
* Others (please specify)

**Q8. Do you wear glasses?**

* Yes
* No

**Q9. When did you perform your last ophthalmological control?**

* During the last 6 months
* 6-12 months ago
* 1-2 years ago
* Never

**Q10. How many hours a day do you work on the computer?**

* 0-4 hours
* 5-10 hours
* >10 hours

**Q11. Do you wear protection glasses when you use your computer?**

* Yes
* No

**Q12. Please tick if you have experienced the following symptoms related to computer use:**

* Eye fatigue
* Dry eyes
* Itching
* Red, swollen eyes
* Migraine
* Forehead pain above eyebrow
* Increased sensitivity to light
* Burning sensation
* Eyelid spasms
* Spasms of ocular muscles
* Others, please specify

**Q13. Tick if, when working at the computer or reading, you had any of the symptoms**

* Temporary blurred vision after some time spent reading
* If reading is interrupted for a few moments, take breaks and rest your eyes by looking away from the book, reading is resumed but the symptoms recur
* Second-half-of-the-day-headache
* Fatigue after reading or working at the computer
* Dizziness after working on the computer
* Watery eyes, dye eyes sensation or itching
* Avoidance of near visual work
* Closing one eye during reading
* Double vision when reading ("the words run together")
* Learning difficulties
* Slow reading
* Difficulties in completing tasks on time

**Q14. Tick if you use any of the following methods to prevent eye fatigue**

* Ensure natural lighting
* Apply an anti*-*glare screen protector
* Take breaks and rest your eyes by looking away from the screen or the book you are reading
* Blink more often
* Perform different types of eye exercises to strengthen the eye muscles