Supplementary Materials

Table S1 – Univariate frequencies in June 2012

Variable	Freq.	Percent	Cum.
Gender			
female	146	41.2	41.2
male	208	58.8	100.0
Marital status			
married	141	39.8	39.8
married polygamously	21	5.9	45.8
divorced/separated	49	13.8	59.6
widowed	30	8.5	68.1
never married	89	25.1	93.2
cohabitating	24	6.8	100.0
Job status			
wage employed	100	28.3	28.3
self-employed	163	46.1	74.3
unemployed	91	25.7	100.0
Religion			
catholic	114	32.2	32.2
protestant	100	28.3	60.5
muslim	75	21.2	81.6
other	65	18.4	100.0
Source of disability			
RTA/injury	45	13.1	13.1
congenital deformity	5	1.5	14.6
injection/infection	19	5.5	20.1
osteoarthritis/stroke/other	52	15.2	35.3
polio	222	64.7	100.0

Table S2 – Randomization

Variable	mean (T)	mean (C)	Ttest (p-value)
Socio-economic characteristics			
Age	40	41	0.960
Years of schooling	8.9	8.8	0.759
HH income	173816	163958	0.395
Job status	2.0	2.0	0.652
Marital status	2.9	3.1	0.280
HH size	5.1	5.3	0.352
No. children	2.2	2.1	0.760
Medical data			
Timed Up and Go	13.1	13.0	0.892
Mobility	56.53	55.17	0.694
Physical functioning	64.95	68.35	0.182
Role limitations	66.61	70.49	0.134
Length of disability	28.7	31.6	0.126
Subjective well-being			
Life satisfaction	3.4	3.4	0.811
Aspirations			
Sufficient income	4.6	4.7	0.245
Minimum income	4.2	4.3	0.263

Table S3 – Mean values at the baseline between patients who remained in the project in all the four waves and those who are not available for at least one of the three follow-up.

	Not available in at least one follow-up	Available in all follow-ups	Ttest (p-value)
Socio-economic characteristics			
Age	39	42	0.078
Years of schooling	8.8	8.9	0.758
HH income	174748	167222	0.492
Job status	2.0	2.0	0.562
Marital status	2.9	3.0	0.650
HH size	5.1	5.1	0.990
No. children	2.3	2.0	0.114
Medical data			
Timed Up and Go	12.5	13.6	0.224
Mobility	57.8	54.6	0.318
Physical functioning	64.2	67.7	0.140
Role limitations	66.8	68.8	0.403
Length of disability	28.9	30.2	0. 453
Subjective well-being			
Life satisfaction	3.5	3.3	0.329
Aspirations and expectations			
Sufficient income	4.6	4.6	0.708
Minimum income	4.2	4.2	0.935

Table S4 – Randomization after attrition (N=197)

	mean (T)	mean (C)	Ttest (p-value)
Socio-economic characteristics			
Age	41	42	0.630
Years of schooling	9.0	8.4	0.324
HH income	170850	159121	0.449
Job status	2.0	2.0	0.957
Marital status	2.9	3.1	0.526
HH size	5.1	5.3	0.654
No. children	2.3	2.3	0.891
Medical data			
Timed Up and Go	13.5	13.8	0.847
Mobility	55.53	52.40	0.528
Physical functioning	66.00	71.54	0.126
Role limitations	67.27	72.31	0.171
Length of disability	28.8	33.5	0.075
Subjective well-being			
Life satisfaction	3.3	3.4	0.753
Aspirations			
Sufficient income	4.6	4.7	0.328
Minimum income	4.2	4.3	0.552

Table S5 – Sample size medical measures

Jun-12

	Obs	Mean	Std.	Min	Max
Mobility	174	54.5977	29.84878	0	100
Physical functioning	172	67.67442	21.77366	20	100
Role limitations	173	68.78613	22.13136	20	100

Nov-12

	Obs	Mean	Std.	Dev.	Min
Mobility	NA				
Physical functioning	197	68.93401	19.72724	40	100
Role limitations	197	70.25381	19.65095	20	100

Apr-13

	Obs	Mean	Std.	Dev.	Min
Mobility	NA				
Physical functioning	197	68.4264	19.37969	20	100
Role limitations	197	72.38579	19.08342	20	

Jun-13	Obs	Mean	Std.	Dev.	Min
Mobility	190	52.96053	25.10464	0	100
Physical functioning	193	60.82902	20.59877	20	100
Role limitations	193	66.83938	20.58671	20	100