

Supplementary Figure 1. (Screenshot by author, www.onepeloton.com/bike, accessed 10 December 2020).

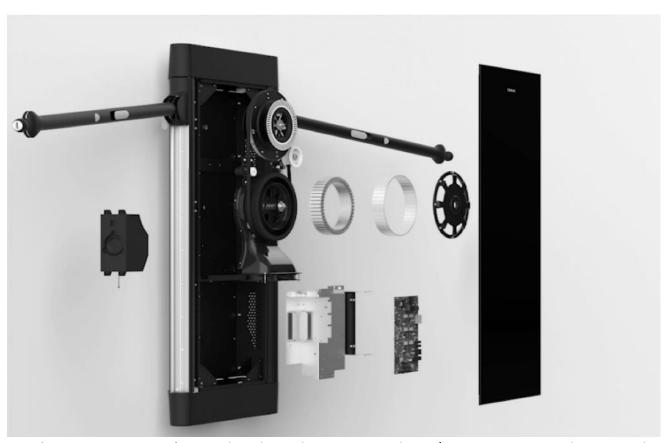


Supplementary Figure 2. (Screenshot by author, www.onepeloton.com/tread-plus, accessed 10 December 2020).



Supplementary Figure 3. (Screenshots by author, www.tonal.com/equipment, accessed 10 December 2020).





Supplementary Figure 4. (Screenshots by author, www.tonal.com/equipment accessed 10 December 2020).